

# The CHANCELLOR

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#### **Editor's Note**

The Chancellor is an initiative devoted to document the socio-cultural moorings of the people not only in Jammu, Kashmir and Ladakh but the entire India. Each edition will be a curated blend of features, photo essays, interviews, articles and on-ground stories that not only inform but inspire too. We hope *The* Chancellor will become your trusted companion in discovering the places unseen, traditions unsung and the narratives that deserve to be celebrated. The Chancellor is fortnightly that aims to develop a knowledge society based on place consciousness and aesthetics. It will strive to inculcate the habit of quality reading and enable introspection to generate public opinion that helps to shape the policies for good governance and social stability. It targets scholars and masses in tandem. That makes The Chancellor a fortnightly with a difference. We look forward to your participation and co-operation in enriching society. We are living in an era of co-creation. So your feedback matters to make a difference. Do write to us and be integral to the knowledge initiative called The

> Editor The Chancellor

# Mata Kheer Bhawani Where the Goddess Speaks in Colours





#### The Goddess and **Her Spring**

#### Location

Tulmulla, Ganderbal district, Jammu & Kashmir

#### **Primary Deity**

Maharagya Devi / Mata Kheer Bhawani

#### **Sacred Offering:**

Kheer (rice pudding)

#### **Sacred Text**

Bhrangeesh Samhita

#### **Known For**

Spring that changes color—interpreted as divine omens

#### **Festival**

Mela Kheer Bhawani (Jyeshtha Ashtami)

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#### ANUJA KHUSHU

'estled in the serene village of Tulmulla, in the Ganderbal district of about Kashmir, kilometres from Srinagar, the shrine of Mata Kheer Bhawani has for centuries held an unshakable place in the hearts of Kashmiri devotees. Beneath the shade of towering chinar trees, the sacred spring ripples gently, encircling the sanctum of a goddess whom many believe watches over the land and its people with divine

Dedicated to Goddess Kheer Bhawani, also known as Maharagyna Devi, the shrine is not just a spiritual centre-it is a living symbol of mystical faith, prophecy, and cultural identity. Known for its spring that changes colour and for the festival that brings home thousands each year, the temple is a rare site where devotion meets the inexplicable.

**The Sacred Story**The origins of the shrine are preserved in the Bhrangeesh Samhita, a little-known but significant Kashmiri scripture. It tells of Rishi Bhringesh, an ancient seer who meditated in the forested lands of Tulmulla. According to the

text, the goddess revealed herself to him in a vision, emerging from a lotus at the site of the spring. She commanded him to offer kheer—a simple dish of rice and milk—as an act of pure devotion. Thus was born Kheer Bhawani, a name that continues to define the goddess and her worship to this day.

Eventoday, bowlsfilled with freshly cooked kheer are placed near the spring, a tradition that connects modern devotees to an ancient lineage of faith.

Further elaboration on the goddess's significance is found in the Ragniya Mahatmya and, more evocatively, in the Shri Shri Maharagni Pradurbhava, a devotional scripture that delves deeper into the spiritual essence of the goddess. While lesser known outside Kashmir, the Pradurbhava is central to the sacred tradition of Tulmulla. It describes the goddess as Parashakti—the primordial feminine force—and recounts how she chose Tulmulla not for its terrain, but for its spiritual resonance.

According to the text, the sacred spring-referred to as Amrit Kundis a living manifestation of her presence, a divine yantra in fluid form. The changing colours of its waters are not natural anomalies, but spiritual indicators—reflections

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#### Who is **Maharagya Devi?**

Maharagya Devi-also known as Mata Kheer Bhawani or Ragnya Bhagwati-is considered an embodiment of Parashakti, the universal feminine energy. In the scripture Shri Shri Maharagni Pradurbhava, she is described as both nurturing and prophetic. The sacred spring of Tulmulla, known as Amrit Kund, is seen as a living yantra representing her es-

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"The Devi had warned us, but not everyone understood what she was trying to say"

A pilgrim from Jammu



"The goddess does not need language. When she wants to speak, the water answers."

Another devotee from devotee



"She waits for us. And we will always return."

 An elderly Kashmiri Pandit woman at the shrine



Chancellor.







of the goddess's mood and messages to her devotees. The scripture calls for worship that is inward, humble, and sincere. Kheer, offered in brass or silver vessels, remains the most sanctified form of offering, symbolising simplicity and surrender.

The Pradurbhava also speaks of a sacred yantra associated with the goddess—a lotus with eight petals encircling a bindu, representing the centre of cosmic balance. The recitation of her bija mantra—Om Hreem Shri Ragyaayai Namah—is said to invite her grace, while meditation on her image establishes a deep, protective connection between devotee and deity.

Though the goddess resides eternally at Tulmulla, the text insists she is not bound by land. She travels with her devotees in exile, but it is Tulmulla that remains her moolsthan—her original abode and the heart of her power.

The significance of the Kheer Bhawani shrine is also chronicled in historical texts. Kalhana's Rajatarangini, a 12th-century chronicle of Kashmir, mentions the sacred spring of Tulmulla, noting its location in a marshy area that was once engulfed by floods thousands of years ago, submerging both the spring and the temple.

The shrine has attracted numerous luminaries over the centuries. Swami Vivekananda visited the temple in 1890, and Swami Rama Tirtha also paid his respects there. Their visits underscore the shrine's spiritual prominence and its role as a beacon of faith.

#### From Lanka to Kashmir

Another legend ties the goddess to the ancient kingdom of Lanka, where Ravana, though known as a demon king, was a devout worshipper of Mata Ragnya Devi. As the tale goes, the goddess grew displeased with his descent into tyranny and chose to abandon Lanka. She instructed Lord Hanuman to carry her image to a land more suitable for her worship. That land, the Devi declared, would be found in the northern valleys.

Lord Hanuman is said to have brought her

murti or image to Kashmir, placing it in Tulmulla—a place then full of marshes and serpentine streams. This divine relocation marks the goddess's journey from the heart of the south to the soul of the Himalayas.

#### **The Naga Presence**

Local Kashmiri folklore speaks of 360 Nagas—celestial serpents—residing in the spring. These mythical beings are said to guard the shrine and are believed to manifest themselves during the annual cleaning of the pond. Their presence, though invisible to most, adds another layer of mystery and reverence to the sacred site.

#### **The Colours of Omens**

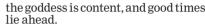
At the centre of the shrine is the oval-shaped spring, its calm waters flanked by stone embankments. The most mystifying aspect of the shrine, and one that draws widespread attention, is the spring's ability to change colour. This phenomenon has been observed for generations and is recorded in both oral traditions and texts like the Bhrangeesh Samhita.

#### The colour shifts are interpreted as divine signals:

White or Light Pink: A sign of divine grace, peace, and prosperity. It suggests







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- Green: Associated with fertility and harmony. It is seen as a blessing for farmers and a sign of agricultural abundance.
- Red: Awarning. Red water is considered an omen of unrest or coming hardship be it political strife, natural disaster, or societal upheaval.
- Black: The rarest and most feared. It is believed to signify great distress or impending tragedy. In such times, devotees gather for mass prayers and fasting.

In the early 1990s, when Kashmiri Pandit's were forced to leave their exodus homeland in Kashmir by Islamic jehadis, many recall that the water turned a deep shade of red. "The Devi had warned us," says Sunita, a pilgrim from Jammu, who had visited Shrine this year on Jyestha Asthami. "But not everyone understood what she was trying

While geologists might cite minerals, sediment or algae as possible reasons, the devotees or believers of Mata do not seek explanations. "The goddess does not need language," says Archna, who returns each year from Delhi. "When she wants to speak, the water answers."

#### A Festival of Return

Every year, on Jyeshtha Ashtami, the full moon day of May or June, thousands return to the shrine for Mela Kheer Bhawani. It's a spiritual reunion—both with the goddess and with a homeland that, for many, has become memory.

The temple complex becomes a living village for a few days. Tents line the pathways. Langars serve round-the-clock meals. Devotional songs fill the air. Families meet after years apart. It is a momentary reclaiming of space, history, and identity.

And at the centre of it all is the kheeroffered in earthen pots, stirred over open flames, and placed near the spring with folded hands and whispered prayers. The same offering once made by Rishi Bhringesh, it continues to link the present with the distant past.

#### The Goddess in Exile

For the thousands of displaced Kashmiri Pandits, Mata Kheer Bhawani is both a deity (Kul Devi) and a symbol of continuity. Across Jammu, Delhi, UP and even the United States, small replicas of the shrine stand adorned with marigold garlands. The goddess travels with her people, they say. But for many, Tulmulla remains her true abode.

"She waits for us," says Gunwati, an elderly woman walking barefoot around the temple. Her eyes glisten as she gazes at the spring. "And we will always return."

The author is Editor, The Chancellor











Tracks of Transformation

# How PM Modi's Kashmir Vision Is Recasting J&K's Future

#### The Future of Connectivity, Economy, and Security in Jammu & Kashmir

Anuja Khushu

nJune6,2025, Jammuand Kashmir witnessed a historic transformation with the inauguration of two Vande Bharat Express trains, alongside a suite of projects worth 46,000 crore, aimed at bringing the region firmly into the fold of India's national development story. The event, presided over by Prime Minister Narendra Modi, was not just a celebratory moment, but a defining shift for the region's future in terms of infrastructure, economy, and security.

### A Vision Realised: Connecting Kashmir to India's Heart

For decades, Kashmir's connectivity with the rest of India was often viewed as a distant dream. The region's rugged terrain and geopolitics made it hard to imagine a smooth, all-weather railway network. However, the completion of the Udhampur-Srinagar-Baramulla Rail Link (USBRL)—a colossal 43,780 crore project spanning 272 kilometers—represents more than just a technical achievement; it's the embodiment of years of struggle, ambition, and finally, fulfillment.

The project features 36 tunnels, including one through treacherous mountains, and 943 bridges, such as the world-renowned Chenab Bridge, which is now the tallest railway arch bridge at 359 meters. These structures are not just feats of engineering but symbols of resilience and national pride. PM Modi was quick to point out that these bridges stood as "living symbols of India's ambition," linking the onceisolated region to India's expansive railway network, from Kashmir to Kanyakumari.

This infrastructural leap has been coupled with the inauguration of essential regional development projects: a medical college, several key flyovers, and a raft of new highways and tunnels. For local residents, this means faster, more reliable mobility, a boost to tourism, and the easing of cross-regional trade, especially for Kashmir's renowned agricultural and craft exports like apples, dry fruits, and Pashmina shawls.

#### Strategic Infrastructure and Regional Development

The inauguration also underscores the strategic importance of Jammu and Kashmir within India's larger geopolitical

and security calculus. Modi's remarks on the region's future echoed a clear message: the region, long viewed through the lens of security concerns, is now an epicenter of development.

The opening of the Chenab and Anji bridges is particularly significant. These two projects, often referred to as "engineering marvels," signal the growing capability of India to execute high-precision, large-scale infrastructure projects in some of the most challenging terrains. Not only do they enhance rail connectivity, but they also contribute to the region's strategic military mobility, ensuring quicker troop movements if needed.

Furthermore, Modi's announcement of the expansion of the Vibrant Villages Program, which will invest 4,200 crore into infrastructure and road networks across Jammu and Kashmir, signals a growing government commitment to border development. With 1,800 kilometers of new roads and 400 remote villages connected, this program aims to tackle decades of underdevelopment in border areas.

### The Economic Implications: A New Era for Kashmir's Local Economy

The potential economic impact of these infrastructural projects cannot be overstated. With the railway now connecting Kashmir to major Indian cities, it is expected to unlock new opportunities for trade and tourism, bringing the region closer to national markets. Kashmir's apples, prized as some of the finest in India, can now be transported across the country more easily, boosting agriculture exports and, by extension, the local economy.

PM Modi's remarks about local businesses benefitting from the new connectivity seem poised to be more than just political rhetoric. With seamless access to larger markets, small businesses and industries in Jammu and Kashmir will have the potential to grow, driving job creation and regional prosperity. The emphasis ontourism—specifically, religious tourism with enhanced access to Vaishno Devi—is expected to generate significant revenue for local economies.

In addition, Modi's focus on healthcare, including the foundation-laying of the Shri Mata Vaishno Devi Institute of Medical Excellence, reflects the government's commitment to improving the quality of life in the region. With the region's first

#### **Key Takeaways:**

**Infrastructure Overhaul:** Historic USBRL inaugurated, marking the completion of decades-long dreams.

**Engineering Marvels:** Chenab & Anji bridges symbolize India's growing engineering capabilities.

#### **Economic and Security Gains:**

Boost to trade, tourism, and military mobility as security and development converge.

**Future Prospects:** Kashmir's connectivity paves the way for economic revival, especially in agriculture and tourism.

medical college set to provide 500 beds, Kashmir's healthcare infrastructure is poised to see major improvements, addressing a long-standing gap.

### Security Dimensions: A Shifting Landscape

While the infrastructure and economic gains are significant, perhaps the most profound shift is in the realm of security. The successful execution of Operation Sindoor, which decimated Pakistan's terror infrastructure, was an emphatic statement that Jammu and Kashmir's future will no longer be determined by external threats. Modi's mention of the ongoing fortification of border areas, along with the formation of two new border battalions and the establishment of women's battalions, indicates a robust defense strategy that combines both strength and inclusivity.

In his address, Modi emphasized that "any obstacle to J&K youth's dreams will have to face me directly," which resonates not only as a declaration of national intent but also as a message of empowerment for Jammu and Kashmir's youth. The region, long stifled by conflict, now has the chance to rebuild, flourish, and contribute meaningfully to India's broader ambitions.

Conclusion: A Step Toward a United, Prosperous Future

As the Vande Bharat Express trains begin to traverse the newly constructed rail links, they symbolize more than just improved connectivity — they are a testament to the government's vision of a united, economically prosperous India. Jammu and Kashmir, once on the periphery of national development, is now becoming a key node in India's growing infrastructure network.

This shift is emblematic of a broader national ambition: to harness the full potential of every region, to create equal opportunities for all citizens, and to ensure that every dream — from Kashmir to Kanyakumari — has a railway track to run on.

# KASHMIR NOW A STOP ON INDIA'S RAIL JOURNEY: LG

More Than a Train: How Infrastructure Became India's New Strategy in Kashmir

The commissioning of the Udhampur-Srinagar-Baramulla Rail Link (USBRL) and the arrival of Vande Bharat trains in the Kashmir Valley may look like a transport milestone—but it signals comething for more strategic

something far more strategic.
Lieutenant Governor Manoj Sinha called it "a momentous occasion that will go down in history." But beneath the headlines lies a deeper narrative: one of political symbolism, economic recalibration, and emotional integration.

Since the revocation of Article 370 in 2019, the Centre has sought to shift the discourse on Jammu & Kashmir—from security and separatism to stability and development. Projects worth 1.15 lakh crore have been launched since 2022, and the new rail infrastructure is being projected as both a connectivity revolution and a nation-building tool.

"Kashmir to Kanyakumari is no longer a slogan," LG Sinha said. "The PM has connected hearts, and physically bridged decades-old gaps."

The new rail lines, including the world's tallest railway bridge (Chenab) and India's first cable-stayed railway bridge (Anji), are being presented as engineering

are being presented as engineering marvels—but also as statements of intent: that the government is here to stay, invest, and integrate.

The messaging is clear: progress is the new normal, and the rails that now link Kashmir to the rest of the country also carry the weight of a rewritten national script—one that places Jammu and Kashmir firmly on the map of a Viksit Bharat.







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# Women's success stories shape India's future: PM Modi



rime Minister Narendra Modi has underscored the transformative role of women in shaping a developed India, emphasising the government's commitment to women-led growth over the past eleven years

Addressing the nation, the Prime Minister reflected on the challenges faced by mothers, sisters, and daughters in earlier times, noting that today they not only actively participate in India's development but also set inspiring

education and business. "The successes of Nari Shakti in the last 11 years are a source of pride for every citizen," Shri Modistated.

He highlighted key government initiatives that have redefined women's empowerment, including the Swachh Bharat Abhiyan, which ensured dignity through sanitation, and the financial inclusion drive via Jan Dhan accounts. The Ujjwala Yojana was cited as a landmark scheme that brought smoke-free kitchens to countless households, improving health and quality of life.

Shri Modi also lauded the MUDRA loans scheme for enabling lakhs of women entrepreneurs to pursue their dreams with independence. Additionally, the allocation of houses in women's names under the PM Awas Yojana has strengthened their sense of security and empowerment.

Recalling the Beti Bachao Beti Padhao campaign, the Prime Minister described it as a national movement dedicated to protecting and nurturing the girl child.

He affirmed that women today are excelling and inspiring across diverse fields—science, education, sports, startups, and even the armed forces—showcasing the power and promise of India's Nari

# Railway Link to Kashmir opens new doors for economic growth: CM



THE CHANCELLOR DESK Jammu

alling it "a historic leap forward," Jammu & Kashmir Chief Minister Omar Abdullah has described the commissioning of the Udhampur-Srinagar-Baramulla Rail Link (USBRL) and the inauguration of the Vande Bharat train to Kashmir as more than just a transportation milestone—but a moment of deep political, economic, and emotional significance for the region.

"This is not just a rail link — it is a lifeline that bridges decades of distance, isolation, and underdevelopment," said Abdullah, addressing a packed gathering at Katra alongside Prime Minister Narendra Modi, Lieutenant Governor Manoj Sinha, and Union ministers. The event also marked the unveiling of the Chenab and Anji bridges engineering marvels symbolizing

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Kashmir's definitive integration into the national infrastructure grid.

The Chief Minister said that the commissioning of the rail line marks Kashmir's first-ever all-weather and uninterrupted rail access to the rest of the country — a development long awaited by people who have endured physical disconnect, economic hurdles, and climatic challenges.

"Highway closures during snowfall and korbitant airfares have kept Kashmir a the mercy of weather and monopolies. This railway changes that reality," he said, calling it a "generational transformation."

Economic Lifeline for Horticulture, Tourism Abdullah emphasised the strategic economic benefits that the railway link brings. "Our apple and cherry growers, our carpet weavers and artisans, now have access to faster. cheaper, and wider markets across the country and abroad." He called the rail project a "game-changer" for both horticulture and tourism, two of Kashmir's biggest economic

"The tourism season will no longer depend on road clearance. Trains will bring visitors even in winter, strengthening the Valley's appeal as a year-round destination," he said.

Tracing the history of the project, Abdullah

recalled that the idea of a rail link to Kashmir was floated during British rule, yet never materialized. "What the British couldn't build, India has delivered. And that delivery comes with dignity and determination.'

Atal Bihari Vajpayee, crediting him for declaring the USBRL a national priority. "This moment is part of a longer political and engineering journey. It is a testament to continuity, vision, and national will."

While praising the infrastructural achievements under the current central government, Omar Abdullah made a pointed political appeal — the restoration of full statehood to Jammu and Kashmir.

With this connectivity, we are closer to the rest of India than ever before geographically, economically,

emotionally. Now, let us also move closer politically," he said, expressing hope that the return of statehood would be the logical next step in the Centre's roadmap for development and integration.

"This train may be powered by steel and diesel, but it also carries the people's hope of dignity, of self-governance, and of a future where J&K stands not just as a Union Territory, but as a full partner in the federal

In a deeply personal moment, Abdullah reflected on his connection to Kashmir's railway journey — from inaugurating the Anantnag Railway Station to witnessing the opening of the Banihal tunnel. "Fate has made me part of every key moment in this rail saga. Today, I feel pride not as a politician, but as a Kashmiri."

He concluded his address by thanking Prime Minister Modi and the central leadership on behalf of the people of Jammu & Kashmir for turning "a decades-old dream into a modern-day reality."







# DREAMLINER DISASTER: A WAKE-UP CALL FOR INDIAN AVIATION

241 dead in India's worst air crash

Inferno over BJ Medical College: survivors scarred

THE CHANCELLOR DESK
Jammu

n June 12, 2025, a tragedy unfolded in the skies above Ahmedabad—and within minutes, turned into one of the worst aviation disasters of the 21st century. Air India flight AI171, a Boeing 787 Dreamliner bound for London, crashed shortly after takeoff, killing 241 passengers, including crew and as many as 38 people were killed on ground. Only one survivor from AI171 has been found.

The aircraft plunged into the BJ Medical College and Civil Hospital complex near the city's airport, causing fires and explosions that spread through residential blocks, staff quarters, and parked vehicles. Among the passengers was former Gujarat Chief Minister Vijay Rupani, and among the dead were doctors, patients, and civilians caught in the blast radius.

The aircraft involved—a Boeing 787 Dreamliner—was once celebrated as the future of global aviation. Known for its fuelefficiency, carbon-composite body, and long-range capabilities, the Dreamliner had never before been involved in a fatal crash. That record now lies in ruins.

Eyewitnesses reported seeing the aircraft ablaze mid-air, plummeting within minutes of its 1:39 p.m. takeoff from Runway 23. It crashed into the medical campus, setting buildings on fire and damaging several residential quarters. The black box—the cockpit voice and flight data recorders—is still being examined.

Early speculation points to a catastrophic mechanical failure or power loss, but officials have not ruled out human error or bird strike. The Directorate General of Civil Aviation (DGCA) has launched a full inquiry, assisted by Boeing's technical team and international observers.

The crash has also spotlighted the state of India's aviation preparedness. Emergency crews responded quickly, yet chaos prevailed amidflames, panic, and structural collapses. Victims on the ground, many severely burned, added to the staggering toll.

Critics argue that Indian airports, especially non-metro ones, still lack comprehensive crash-mitigation infrastructure. Ahmedabad airport operations were suspended temporarily but resumed the same evening—a decision some call hasty, given the scale of devastation.

For Air India, now under Tata Group stewardship since 2022, the crash marks a critical moment. The national carrier has been undergoing a rebrand, with investments in fleet renewal and service upgrades. But this incident threatens to derail public trust once more.

Chairperson N Chandrasekaran expressed "profound sorrow" and promised full support to families. Still, difficult questions remain: Was the aircraft maintained properly? Were red flags ignored? Was this tragedy avoidable?

With passengers from multiple nations onboard—including 53 British citizens, 7 Portuguese, and 1 Canadian—the crash has become a matter of international mourning. UK Prime Minister Keir Starmer called the incident "devastating," while King Charles III said he was "desperately shocked."

Diplomatic efforts are underway to identify victims, repatriate remains, and coordinate





compensation.

The only confirmed survivor, Vishwaskumar Ramesh, was seated in All and is currently undergoing intensive care. Doctors say he may have survived due to a delay in rear-section impact. His brother, who was travelling with him, did not survive.

On the ground, medical staffand residents scrambled to rescue victims even as their own buildings were ablaze. "It was an inferno," said a nurse who lost her sister in the crash. "The sky itself seemed to be falling."

This is Ahmedabad's second major air

disaster—after the 1988 crash that killed 130. And it's India's deadliest air crash.

Each such incident prompts calls for accountability, only for them to fade over time. This one must be different. Urgent reviews of aircraft maintenance regimes, pilot training, and crisis response systems are no longer optional—they are overdue.

Meanwhile, 99 victims out of 270 have so far been identified through DNA matching and 64 bodies, including that of former Gujarat chief minister Vijay Rupani, were handed over to their families.

#### AIR INDIA A1171 – AT A GLANCE

#### Aircraft:

Boeing 787 Dreamliner (VT-ANB), 11 vears old

#### Route:

Ahmedabad to London Gatwick

#### Takeoff time:

1:39 p.m., June 12, 2025

#### **Total fatalities:**

241

#### **Survivors:**

1 (Vishwaskumar Ramesh)

#### Pilot in command:

Capt. Sumeet Sabharwal (8,200 hours); **F**O Clive Kundar (1,100 hours)

#### Nationalities on board:

169 Indians, 53 British, 7 Portuguese, 1 Canadian

#### Crash site:

BJ Medical College/Civil Hospital complex. Ahmedabad

#### Cause:

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Under investigation (black box recovered)







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# India Calls for Global Unity on Energy, Terrorism, & Alat G7 Outreach

THE CHANCELLOR DESK Jammu

rime Minister Narendra Modi, addressing world leaders at the G7 Outreach Session on Energy Security in Italy on June 17, urged collective global action on energy transition, terrorism, and responsible AI governance. Thanking his host, PM Justin Carney, Modi also congratulated G7 nations on completing

'Ensuring energy security for future generations is one of our biggest challenges," Modi said, calling it both a priority and a responsibility. He highlighted India's strides in ensuring electricity access to nearly all households and maintaining one of the lowest per-unit electricity costs

Despite being the world's fastestgrowing major economy, India has fulfilled its Paris climate commitments ahead of schedule and is progressing steadily toward the Net Zero goal by 2070, he said. Currently, around 50% of India's total installed energy capacity comes from renewable sources.

"We are moving steadfast towards the target of 500 GW of renewable energy by 2030," the Prime Minister noted, while underlining India's focus on green hydrogen, nuclear energy, and ethanol blending. "We are inspiring all the countries of the world to move towards a green and sustainable future."

Modicited international initiatives led by India — including the International Solar Alliance, Global Biofuels Alliance, and Mission LiFE as examples of collaborative efforts toward sustainability.

In a strong message on equity, PM Modiurged G7 members to prioritise the needs of the Global South.

"No matter where the tension is in the world, these countries are the first to be affected by food, fuel, fertiliser, and financial crises, warned, emphasising that sustainable and inclusive development will remain elusive as long as "double standards

He said India has taken it upon itself



to bring the concerns of the Global South to the global stage, asserting that development must be approached with the spirit of "not I, but us.

In a sharp intervention, Modi condemned terrorism and warned against selective standards. Recalling the recent terror attack in Pahalgam, Jammu and Kashmir, on April 22, he called it "a direct attack on the soul, identity, and dignity of every Indian.

"There must be no place for double standards when it comes to terrorism, he said, calling out countries that sponsor or support terrorism while being spared consequences. "Turning a blind eye towards terrorism for the sake of vested interests... is a betrayal of all humanity.

He urged G7 leaders to reflect: "Are we truly serious about addressing terrorism? Will we understand the true meaning of terrorism only when it knocks on our own doors?

Shifting focus to technology, Modi underlined the energy-intensive nature of artificial intelligence, advocating a balanced approach to growth and sustainability

"AI is emerging as a powerful tool to enhance efficiency and foster innovation... but the growing energy demands of today's technology-driven societies can only be sustainably addressed through renewable energy sources," he said.

India is actively working on solar power, small modular reactors, smart grids, and energy storage systems to align technology growth with energy

He also cited India's efforts to democratise technology, highlighting innovations like the AI-powered language app BHASHINI, designed to bridge linguistic barriers for rural users. "We believe that the true value of any technology lies in its ability to benefit the very last person," he stated.

Calling for an international framework to govern AI, Modi warned against the dangers of unregulated content, especially deepfakes. "AIgenerated content must be clearly water-marked or accompanied by a clear disclosure," he advised.

He proposed three key actions:

1. Establish global governance

for AI.

2. Secure resilient supply chains for critical minerals and technology. Counter the misuse of AI, particularly through misinformation.

He described India's vast diversity as a rich data resource for building inclusive AI systems and highlighted the country's skilled talent pool, which aligns with democratic values.

"In the last century, we witnessed competition over energy. In this century, we must embrace cooperation in the field of technology," he concluded, reaffirming India's commitment to "People, Planet, and Progress." Modi also extended an invitation to all G7 members to participate in the AI Impact Summit to be hosted by India next year.

# Centre clears Rs 2,006 Cr for Himachal's post-disaster recovery

THE CHANCELLOR DESK Jammu

In a major move to aid post-disaster Rs 2,006.40 crore for Himachal Pradesh, which was severely hit by floods, landslides and cloudbursts during the monsoon of 2023. The financial assistance was approved by a High-Level Committee chaired by Union Home Minister and Minister of Cooperation Amit Shah. The committee, which includes the Union Finance Minister, Agriculture Minister and Vice Chairman of NITI Aayog, considered the proposal under the Recovery and Reconstruction funding window of the National Disaster Response Fund (NDRF).

Of the total amount approved, Rs 1.504.80 crorewillbeprovided by the Central Government,

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with the remainder to be contributed by the state. The funding is aimed at facilitating the recovery and rebuilding of infrastructure damaged in the disaster and providing support to affected communities. This comes in add to the Rs 633.73 crore sanctioned earlier on December 12, 2023, by the Ministry of Home Affairs as immediate financial assistance under the NDRF.

The Ministry highlighted that the government, under the leadership of Prime Minister Narendra Modi, continues to stand firmly with states in times of natural calamities. It added that several initiatives have been taken under the guidance of Home Minister Amit Shah to strengthen India's disaster risk reduction and response mechanisms. These efforts are part of a broader vision of creating a disaster-resilient nation, with emphasis on preparedness and

Similar recovery packages have recently been cleared for other disaster-affected states. Uttarakhand was allocated Rs 1,658.17 crore following the land subsidence crisis in Joshimath, while Sikkim received Rs 555.27  $crore\,in\,the\,after math\,ofa\,Glacial\,Lake\,Outburst$ Flood (GLOF) that occurred in 2023.

In addition to recovery efforts, the Central Government has also rolled out a series of national mitigation projects with a total financial outlay of Rs 7,253.51 crore. These projects are aimed at addressing specific hazards such as urban floods, landslides, forest fires, drought. lightning and GLOF-related risks. The government stated that these initiatives will help reduce vulnerability and prevent largescale loss of life and property in the future.

The financial support to Himachal Pradesh

also comes alongside a broader disbursal of disaster relief funds to other states during the financial year 2024-25. So far, Rs 20,264.40 crore has been released to 28 states under the State Disaster Response Fund (SDRF) while Rs 5,160.76 crore has been provided to 19 states from the NDRF. Additionally, Rs 4,984.25 crore has been allocated from the State Disaster Mitigation Fund (SDMF) to 19 states, and Rs 719.72 crore from the National Disaster Mitigation Fund (NDMF) to eight

Officials said this comprehensive approach combining immediate relief, long-term reconstruction and risk mitigationunderscores the Centre's commitment to supporting states in disaster management and ensuring better resilience in the face of future challenges.







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# Yoga Is Humanity's Pause Button Amid Global Stress: PM Modi

- PM Modi leads 11th International Yoga Day celebrations in Visakhapatnam
  - · Over 5 lakh join PM in mass yoga session at Visakhapatnam Beachfront

THE CHANCELLOR DESK Jammu

In a resounding celebration of unity and well-being, Prime Minister Narendra Modi led the 11th International Day of Yoga (IYD) celebrations today in Visakhapatnam, Andhra Pradesh. Thousands of participants joined him at the iconic beachfront, embracing the power of yoga to foster health, harmony, and a global sense of interconnectedness.

### Yoga: A Universal Practice Beyond Boundaries

In his address, Prime Minister Modi extended warm greetings to people across India and the world, noting that this year marks the 11th time the world has come together to practice yoga on June 21st. The Prime Minister emphasized that yoga is not merely a physical exercise but a philosophy that unites humanity. He reflected on the early days when India proposed the idea of International Yoga Dayatthe United Nations in 2014, a proposal that was supported by 175 nations, a rare show of global solidarity.

"Yoga is for everyone," Modi said, stressing its universal appeal that transcends boundaries, backgrounds, age, and ability. "Whether at the steps of the Sydney Opera House, on the summit of Mount Everest, or amidst the vastness of the ocean, the message is clear: Yoga is for all." he asserted.

Yoga: A Path to Oneness with Nature

Underlining this year's theme, "Yoga for One Earth, One Health," the Prime Minister spoke of yoga's transformative power in fostering awareness of the interconnectedness of all life on Earth. "Yoga leads us on a journey toward oneness with the world. It teaches us that we are not isolated individuals but integral parts of nature," Modi explained.

He highlighted yoga's ability to help individuals transition from "Me to We"—from self-centeredness to collective wellbeing. Drawing upon India's ancient cultural values of Sarve Bhavantu Sukhinah (May all be happy), he emphasized that yoga's underlying philosophy fosters social harmony and global peace.

### The Yogandhra Abhiyan: A Model for Mass Participation

The Prime Minister also applauded the efforts of Andhra Pradesh in promoting yoga, particularly through the Yogandhra Abhiyan initiative, led by state leaders such as Shri Chandrababu Naidu, Shri Pawan Kalyan, and Shri Nara Lokesh. Modi praised the initiative's wide reach, noting that over two crore people have participated in the campaign, showcasing the vibrancy of grassroots involvement.

"Yoga is the pause button humanity needs," Modi said, pointing out how the practice helps individuals regain balance, reduce stress, and restore inner peace. He appealed to the global community to view yoga not

just as a personal practice, but as a global movement for collective wellness. "Let this Yoga Day mark the beginning of Yoga for Humanity 2.0, where inner peace becomes global policy," he urged.

#### Yoga and Global Health: A Holistic Approach

Prime Minister Modi highlighted India's efforts to integrate yoga into medical research, underscoring the growing scientific recognition of yoga's therapeutic benefits. He noted that institutions like the All India Institute of Medical Sciences (AIIMS) have conducted research showing yoga's positive impact on cardiac and neurological health, as well as women's well-being and mental health.

India, through its National Ayush Mission and Yoga Certification Board, is actively advancing yoga's integration into mainstream healthcare. The Prime Minister also emphasized the role of digital platforms, with over one million yoga events being registered nationwide, as proof of yoga's ever-growing influence.

### A Call to Action: Global Movement for Yoga

The Prime Minister also addressed global challenges, particularly the rising incidence of obesity, a topic he had previously discussed in his Mann Ki Baat programme. Modi reiterated his call for citizens to reduce oil consumption by 10% in their daily diets, linking this initiative to a holistic approach to health

that includes both lifestyle changes and the practice of yoga.

In his closing remarks, Modi called for the transformation of yoga into a people's movement, or Jan Andolan, that would unite humanity in its pursuit of peace, health, and harmony. He appealed to everyone, urging them to make yoga a daily practice and embrace its holistic benefits.

"Yoga should serve as the thread that weaves humanity together," he said, calling for the adoption of Yoga for One Earth, One Health as a global resolution.

#### The Path Ahead

Today's event was attended by several dignitaries, including the Governor of Andhra Pradesh, Shri Syed Abdul Nazeer, Chief Minister N. Chandrababu Naidu, Union Cabinet Ministers, and other key leaders.

The celebrations saw nearly 5 lakh participants joining the Prime Minister in a massive yoga session at the Visakhapatnambeachfront. Simultaneously, over 3.5 lakh Yoga Sangam events were held across India, showcasing the immense public enthusiasm for yoga.

Since its inception in 2015, when the United Nations General Assembly adopted India's proposal for International Yoga Day, the annual event has evolved into a powerful global health movement. This year, the celebration highlighted the urgent need for global cooperation to achieve a healthier, more peaceful world through the ancient practice of yoga.







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# Cooperatives Key to Employment, Economic Self-Reliance: Amit Shah

Announces major Cooperative Reforms, new PACS and insurance firm in pipeline

THE CHANCELLOR DESK
Jammu

nion Home Minister and Minister of Cooperation Amit Shah addressed a national seminar in Mumbai today on the occasion of the International Year of Cooperatives 2025. The seminar was attended by Maharashtra Chief Minister Devendra Fadnavis, Union Minister of State for Cooperation Murlidhar Mohol, and several other dignitaries.

Amit Shah emphasized that while cooperation is considered an economic system worldwide, "for India, it is a traditional philosophy of life." He explained that cooperation in India reflects a way of living—"living together, thinking together, working together, moving toward a common goal, and standing by each other in joy and sorrow are part of the soul of Indian philosophy."

He recalled the nearly 125-year-old history of the cooperative movement in India, stating that it has served as a strong support system for the poor, farmers, rural communities, and especially women through various ups and downs.

Citing the success stories of organisations such as Amul, IFFCO, KRIBHCO, and NAFED, Shah said, "Today, 36 lakh poor rural women are associated with Amul, who have invested no more than 100 in capital, yet due to their hard work, Amul's turnover is 80,000 crore, with profits directly deposited into these women's bank accounts."

He added, "Whether it is IFFCO or KRIBHCO, small farmers toil in their fields and supply their produce to the Government of India at the Minimum Support Price (MSP), and the same grain is distributed to the poor as 5 kilos of free ration every month. The backbone of this entire scheme is NCCF and, in particular, NAFED."

On recent initiatives, Shri Shah announced that farmers who register on the NAFED app will have 100% of their pulses and maize



procured at MSP, with the option to sell in the open market if prices are higher. "Seeing the success of the model app, NAFED will soon start direct procurement from farmers. This system will enable farmers to effectively plan for all three of their crops," he

At the event, NAFED also formalized new product launches, grants to Farmer Producer Organizations (FPOs), and warehouse-building contracts with Primary Agricultural Credit Societies (PACS). These measures, Shri Shah said, showcase NAFED's commitment to farmer-centric development.

Highlighting Prime Minister Narendra Modi's vision, he said, "Modi Ji established the Ministry of Cooperation to empower our farmers and create an ecosystem for their prosperity." He acknowledged uneven growth in the cooperative sector, stating, "In the western region, including Maharashtra, Gujarat, and Goa, the cooperative movement has flourished, but it has weakened in the northern and eastern regions."

The Minister said the government is using newly compiled cooperative databases to identify and address gaps. "The government plans to establish two lakh PACS across the country. Once these are set up, there won't

be a single panchayat without a PACS or primary cooperative society."

Shri Shah noted that 52,000 PACS have already been computerized, and model bylaws have been accepted by states to allow PACS to operate across 24 diverse sectors. "Previously, PACS were limited to short-term agricultural loans, but now they function as Common Service Centres and can run Jan Aushadhi Kendras, petrol pumps, gas distribution, water supply, ticketing services, and more," he explained. "Today, PACS have become the hub for 300 types of schemes."

He announced the upcoming establishment of Tribhuvan Sahkari University, and a taxi service based on the cooperative model, where "taxi drivers will act as owners, with profits directly credited to their bank accounts." Additionally, "a fully cooperative-owned insurance company will soon be established," he said.

To strengthen the financial foundation of cooperatives, the government has taken several fiscal measures. "The surcharge has been reduced from 12% to 7%, and the Minimum Alternate Tax (MAT) lowered from 18.5% to 15%. PACS have been exempted from income tax penalties on transactions below 2 lakh," he stated. Long-standing tax

disputes involving sugarcane mills have also been resolved.

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Shri Shah noted the formation of three national-level cooperative bodies within three years—National Cooperative Exports Limited (NCEL), National Cooperative Organics Limited (NCOL), and Bhartiya Beej Sahakari Samiti Limited (BBSSL)—to help farmers access global markets. "Organic products tested and sold under the Bharat brand as 'Bharat Organic' will benefit organic and traditional farmers and ensure consumers receive trusted products," he said.

Efforts are also being made to improve productivity and preservation of native seeds. "In the next ten years, these three new cooperatives will become as impactful for farmers as Amul, NAFED, IFFCO, and KRIBHCO," he asserted.

He pointed to the transformation of the National Cooperative Development Corporation (NCDC), which has disbursed financial assistance of 1.38 lakh crore. He also highlighted cooperative initiatives in fisheries (including 44 deep-sea trawlers) and the dairy sector under White Revolution 2.0. To reduce import dependency, the government has raised ethanol procurement prices, achieving 20% ethanol blending for vehicles.

Concluding his address, Shah said, "India cannot become strong solely based on GDP. With a population of 140 crore, we must ensure employment for all. Cooperatives are the only mechanism capable of providing employment to the rural poor, youth, and women by connecting large numbers of people to businesses with minimal capital."

He said the decision of the International Cooperative Alliance to observe 2025 as the International Year of Cooperatives and inaugurate it in India under Prime Minister Modi's leadership was a proud moment.

"Our goal is to make 2025 a landmark year by strengthening cooperatives in every village, district, tehsil, and state. I am confident that we will achieve this target," he concluded.

# Int'l meet on atmospheric composition change hosted in Nainital

Experts highlight Himalayan region's significance in understanding global warming & climate change

THE CHANCELLOR DESK Jammu

xperts in atmospheric science from around the world gathered in Nainital, Uttarakhand, to discuss the evolving trends in greenhouse gases in Earth's atmosphere and their implications for climate change. A key focus of the discussions was the importance of FTIR (Fourier Transform InfraRed) spectroscopy-based observations from ecologically sensitive Himalayan regions for advancing climate studies.

The Aryabhatta Research Institute of Observational Sciences (ARIES), an autonomous

research institute under the Department of Science & Technology (DST), Government of India, is hosting the annual meeting of the Network for the Detection of Atmospheric Composition Change (NDACC-IRWG), the Total Carbon Column Observing Network (TCCON), and the Collaborative Carbon Column Observing Network (COCCON). The event is being held from June 16-20, 2025, at ARIES' Manora Peak campus.

This five-day flagship meeting brings together global experts and data users in ground-based FTIR spectroscopy, all working under the Infrared Working Group of the NDACC-IRWG, TCCON, and COCCON to enhance our understanding of at-

mospheric composition changes.

The meeting was inaugurated on June 16, 2025, by Shri A.S. Kiran Kumar, former Chairman of ISRO and current member of the Space Commission, who is also the chair of ARIES' governing body. In his address, he emphasized the critical role of space-based platforms in monitoring greenhouse gases.

Dr. Manish Naja, Director of ARIES, underscored the significance of the Himalayan region for such studies, noting that while ground observations in this area are limited, space-based observations often prove inadequate.

Dr. Mahesh Shah from Belgium highlighted the scarcity of FTIR-based observations in

India and stressed the need for increased research to better understand climate change in the region. Dr. Nicholas Deutscher (Australia), Dr. Mathias Frey (Germany), and Dr. Jim Hannigan (USA), heads of three global FTIR observation networks, also pointed out the importance of data from ecologically sensitive Himalayan regions for assessing global warming transfer.

Nearly 70 participants are attending the hybrid meeting, which includes 47 international experts from countries such as Belgium, Japan, Spain, Germany, France, Australia, Canada, Ethiopia, Mexico, and Sweden, among others







# **Ved Prakash Chadha:** Forgotten Hero of Kotli

Dr. Madhulika Singh

he 1947 invasion of Jammu and Kashmir by Pakistani forces and tribal raiders brought immense suffering and devastation to many parts of the princely state. Among the worst-affected areas was the district of Mirpur, then part of Jammu province, comprising three principal towns—Mirpur, Kotli, and Bhimber. Owing to its geographical proximity to Pakistan and the communal tension, this region became a major target of the initial assault.

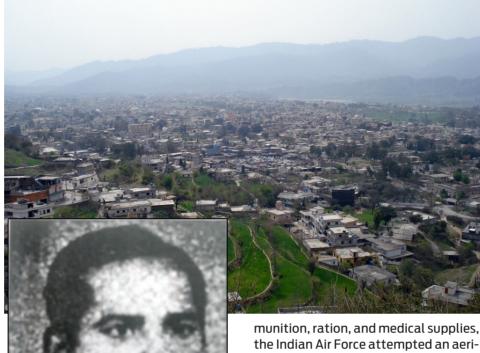
The town of Kotli, strategically located on the Jhelum-Mirpur-Poonch road and surrounded by hills, played a pivotal role in the defence of this sector. Though the majority population in Kotli and its surroundings was Muslim, a significant community of Hindus and Sikhs also resided there, many of whom were engaged in trade and administrative roles.

Following the communal unrest of 1931, the Dogra administration under Maharaja Hari Singh implemented several fortification measures in towns like Kotli. A small but diverse garrison of state forces, comprising Gorkhas, Dogras, Sikhs, and Muslims, was stationed across the Mirpur-Poonch axis, many of whom consolidated their defenses at Kotli when the threat escalated. Adding to the resilience of the town was the work of a local branch of the Rashtriya Swayamsevak Sangh (RSS), established in 1941, whose members would later play a crucial role in the town's defence during its siege.

#### The Siege of Kotli

On 25 November 1947, Pakistani raiders overran the town of Mirpur, clearing a path toward Kotli. Along their route, several villages—particularly those inhabited by Hindus and Sikhs—were attacked. Given its location and strategic importance, Kotli soon became a primary military target. Within days, enemy forces had established encircling pickets and began heavy shelling from multiple directions. The town was soon cut off from external communication and support.

Ammunition in Kotli began running dangerously low by early November, placing the town's defenders in a dire situation. With supply routes compromised and relief delayed due to concurrent operations in areas such as Deva, Vatala, Chamb, and Akhnoor, reinforcements could not reach Kotli in time. The Indian Army's advance party had reached nearby Jhangar but was forced to retreat due to increasing enemy pressure and



strategic constraints.

Despite these challenges, Kotli's defenders—both military personnel and civilian volunteers—held their positions. Among them were members of the RSS, who displayed extraordinary courage and resolve. Their efforts helped keep morale high and resistance alive for nearly 56 days, staving off a fate similar to that of Bhimber, which had fallen earlier.

The State garrison stationed at Kotli was personally monitored by Colonel Baldev Singh, a close relative of the Maharaja. Col. Kashmir Singh, Maharaja's military advisor had recently visited the town to check its defenses. However, the outer defenses of the town crumbled as some buildings were set on fire by the enemy to provide a convenient smoke screen for the attackers to make further progress. A further reason for the weaking of the Dogra resistance was the inability of the Indian army to timely come to their help.

The situation worsened when the Indian Army's line of communication was threatened by the attacks in the Deva -Vatala- Chhamb- Akhnoor areas and despite having reached Kotli, the compulsion was to fall back on to Jhangar Darmsal. in this situation of distress, the state troops were hard pressed with little hope of succour from rear.

#### **A Daring Rescue Mission**

With the garrison nearly out of am-

the Indian Air Force attempted an aerial resupply. However, due to navigational challenges and enemy presence, twenty chests of ammunition were mistakenly dropped on a steep slope outside the town-within direct firing range of enemy forces.

Retrieving this ammunition became a matter of survival. The state army, already stretched thin and defending sensitive positions, could not spare personnel for the recovery operation. The task was entrusted to a group of civilian volunteers-primarily RSS swayamsevaksknown for their discipline, courage, and physical fitness.

Twenty volunteers were selected for the mission. Among them were Ved Prakash Chadha, Mahipal, Suraj Prakash, and Dr. Satya Prakash. Ved Prakash Chadha, the chief organizer of the RSS unit in Kotli, took command of the group and led the operation. After undergoing emergency military training, the team set out under cover of darkness, crawling across treacherous terrain under enemy

The Pakistani forces, aware of the supply drop, launched relentless mortar and gunfire to prevent the recovery. Yet, undeterred, the volunteers pushed forward. The operation continued into the night, and against all odds, they successfully retrieved 21 chests of arms and ammunition—replenishing the garrison's depleted stock and bolstering its ability to resist.

#### **Sacrifice and Legacy**

The mission, though successful, came at a heavy cost. Ved Prakash Chadha, along with fellow volunteers Som Raj, Amrit Lal, Som Prakash, and Sardar Kalyan Singh, lost their lives during or shortly after the operation. Their ultimate sacrifice ensured that Kotli's defenders could continue holding the town for several more days.

Despite their heroic efforts, the broader military situation remained grim. As state forces came under increasing pressure and local rebel elements joined hands with the invaders, the Indian Army made a strategic decision to withdraw from Kotli. On 27 November 1947, under orders from Major General Kalwant Singh and acting on assessments made by Brigadier Paranjape of the 50 Parachute Brigade, Indian forces began evacuating both troops and civilians to Jhangar.

This decision, though painful, was influenced by the vulnerability of extended supply lines, the fall of Mirpur, and the broader strategic imperative to secure the Kashmir Valley—particularly Srinagar. Advised by Sheikh Abdullah, Prime Minister Nehru prioritized consolidating control over the Valley, leading the Cabinet's Defence Committee to focus on maintaining defensible positions rather than overextending forces.

As the evacuation progressed, tragedy struck once more. A group of local rebels ambushed retreating columns between Kotli and Tara Pani. Caught in a deadly trap along a blind curve, many civilians and soldiers lost their lives.

#### **Aftermath**

Kotli fell to Pakistani forces shortly after the withdrawal. Reports from survivors and contemporary accounts describe widespread atrocities following the capture—many non-Muslim residents were killed or abducted, and large sections of the town were burned. The Muslim population, too, faced suffering amid the breakdown of law and order and the destruction of infrastructure.

Today, Kotli remains under Pakistani control as part of what is known as Pakistan-occupied Jammu and Kashmir (PoJK). Despite the strategic importance of the region and the sacrifice of its defenders, stories like that of Ved Prakash Chadha have received limited recognition in official narratives.

His early involvement in India's freedom struggle and his heroic leadership during the Kotli siege underscore the crucial, often overlooked role played by local volunteers in the nation's defense during its formative years. In honor of his sacrifice, a neighborhood in Jammu has been named Prakash Nagar-a modest yet heartfelt tribute to a young man who gave his life for the people of Kotli.

> (The author is Associate Professor, Department of History, University of Jammu)







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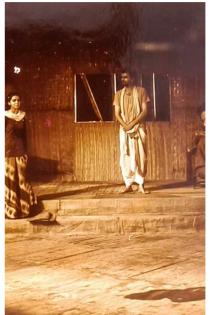
# The man who brought Dogri theatre to the masses

Meet Deepak Kumar: The Man Behind Rangyug











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#### THE CHANCELLOR DESK Jammu

n the narrow lanes of Kachi Chhawni, Jammu, where heritage clings to the walls like ivy, a quiet revolution in the world of theatre has been unfolding for nearly five decades. At its center stands Deepak Kumar, a name that has become synonymous with the revival and evolution of Dogri theatre and socially conscious performance in the region. Actor, playwright, director, educator, and cultural bridge-builder — Kumar's legacy is not just built on the boards of the stage, but also in classrooms, border villages, and international forums

Deepak Kumar's journey began in 1977, not on grand platforms, but in the grassroots theatre group Dogra Mandal. As a young actor, he had the rare opportunity to observe the national theatre scene in New Delhi and learn from India's stalwarts. But it was in 1984, amid the turbulent socio-political landscape of Jammu and Kashmir, that he truly claimed his space — by founding Rangyug, a theatre group committed to self-realization, social change, and cultural rootedness.

From its inception, Rangyug was more than a troupe. It was a movement — one that used performance to address conflict, gender issues, and marginalization in a sensitive border state. "Theatre," Kumar often says, "isn't just art — it is resistance, memory, and healing."

#### **Theatre Without Borders**

In 2005, Deepak Kumar's powerful Dogri play "Aaley" crossed a boundary that few thought possible — it was staged in Lahore, Pakistan, making it the first theatrical exchange from Jammu and Kashmir post-Partition. It wasn't just a performance; it was a message of reconciliation. This ethos led to his selection in 2008 by the U.S. State Department for the prestigious International Visitors Leadership Program, where he represented India in a cultural diplomacy initiative, "Promoting Tolerance Through Arts."

#### **Building Institutions, Not Just Plays**

Beyond directing over 70 plays and scripting original Dogri and adapted works. Kumar has always focused on institution building. He pioneered formal theatre education in Jammu and Kashmir by launching the Department of Performing Arts at the Government College for Women, Parade Ground, in 2024. Under a unique MoU with Rangvug, this marked the first government-accredited theatre curriculum in the

As a trainer, he has led more than 50 workshops and training programs — from children's theatre camps in the 1980s to voice modulation classes for All India Radio and the atre pedagogy at IIT and IIM Jammu. His energy is infectious and his curriculum, rooted both in classical Natyashastra and contemporary street theatre techniques, reflects a rare blend of tradition and innovation.

#### Stories From the Street to the Studio

Kumar's original Dogri street play "Dheeth" has  $been \, staged \, over \, 800 \, times, a \, record \, in \, the \, region.$ "Our aim was never applause, but awakening," he recalls. His plays such as "Paandi" (on the life of Dogra laborers), "Odnu" (on women's issues), and adaptations of Tagore, Manto, Beckett, and Brecht stand out not just for their artistic merit but for their thematic courage.

His directorial repertoire includes high-water marks like "Waiting for Godot", "Andha Yug", "King Lear", and the folk-theatre infused "Aala Afsar" all reimagined through a regional and sociopolitical lens.

#### Voice of the Region

A "B-High" voice in AIR and Doordarshan, Kumar has lent his voice to over 500 documentaries, besides directing 50+ television serials and documentary films for public service broadcasting. As a cultural communicator, he straddles the mic and the stage with equal ease - often anchoring spiritual festivals or narrating the silent sagas of forgotten communities.

#### **Recognition and Roles**

Kumar's shelf boasts numerous accolades: Best Actor and Director Awards, Lifetime Achievement Honours,  $and {\it cultural} \, recognitions \, from \, institutions \, like \, Sahitya \,$ Akademi, Surya Productions, and Big FM. But his contributions go beyond awards — he is a board member, faculty advisor, festival curator, and a heritage conser $vation is through {\it groups} like PATH and the Panjvaktar$ Mahadev Ved Pathshala Society.

#### The Man and His Method

Even with an M.Sc. in Agriculture and a late academic turn toward Natyashastra, Kumar's life arc reflects interdisciplinary passion. His administrative stint as Deputy Director of Agriculture (Trainings) only amplified his belief that culture is policy, and theatre must walk beside governance, not behind it.

Today, at 63, Deepak Kumar remains indefatigable — directing, teaching, organising festivals in temple courtvards, and inspiring the next generation of theatre practitioners. His work, deeply rooted in Dogri language and identity, continues to transcend boundaries — linguistic, national, and generational.

 $As Rangyug\,enters\,its\,fifth\,decade, Deepak\,Kumar$ stands not just as a theatre veteran, but as an architect of cultural renaissance in Jammu and Kashmir — a man who turned the stage into a sacred space, and every play into a prayer for peace.









# The Pain of Exile Flows Through Abhilash's Sacred Verses

Satyarth Pandita

bhilash' is the pen name of Shri Badri Nath Pandita, a revered Bhakti (devotional) poet, and a household name among the global Kashmiri Pandit community. Born on July 22, 1942, in the village of Achan, Tehsil Pulwama in Kashmir, Abhilash was the only child of his parents—Darshan Lal Pandita, a businessman, and Leelawati.

During his early years, education was not a major priority in the village, where most residents were engaged in farming and small trade. Abhilash studied up to the 5th grade in his village, and in 1959, he moved to Srinagar to complete his 9th and 10th grades. Following matriculation, he returned to Achan to assist in the family business.

At just nineteen, he married Ratni Devi. Over the years, business and household responsibilities took precedence, leaving little time for creative pursuits. However, the radio became his quiet companion, introducing him to the lyrical world of film music. The emotionally rich lyrics and melodies left a lasting impression on him and stirred a latent passion for expression.

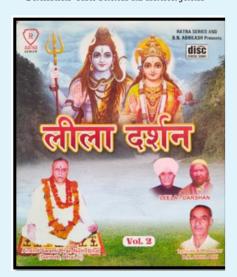
The Spark of a Poet In 1984, while sitting at his shop, Abhilash was suddenly moved to write his first poetic lines:

"Jaan chukh ne paan myanae, kyazi zanmas aakh?

Hyan aakh karman hyendi zaalai..." (This poignant Kashmiri verse reflects on the futility of life entangled in worldly affairs.)

With no literary guidance in his village, he showed his verse to a visiting relative, Niranjanath Suman, who encouraged him to continue writing and suggested him to begin with a hymn to Lord Ganpati. Though hesitant, Abhilash composed

his first devotional poem: "Saundar chu saath az kauta jaan

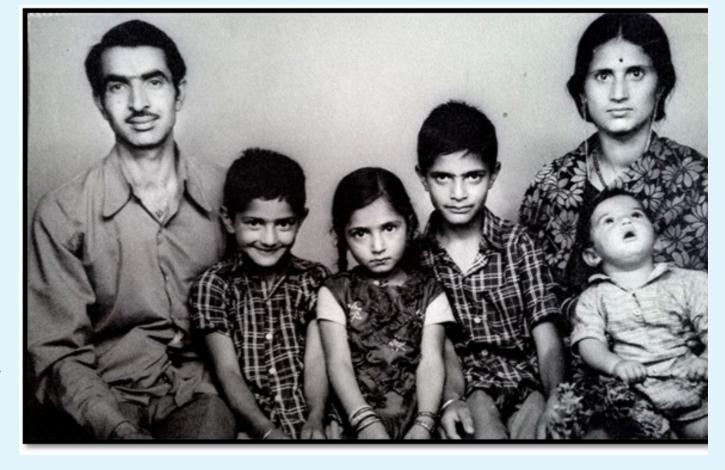


Shri Ganeshaz bante myon mehmaan..." From then on, his pen never stopped. By 1990, his poems had filled pages, forming the basis of his first book.

#### **Exile and Emergence**

The outbreak of terrorism in Kashmir in 1990 forced Abhilash and thousands of Kashmiri Pandit families into exile.

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He resettled in Jammu, where he eventually built a home. One day, at his shop in Durga Nagar, he met Jagarnath Sagar, a poet and teacher. Upon reading Abhilash's manuscript, Sagar recognised his talent and urged him to share his work with the world.

Encouraged further by Mohan Lal Aash, another poet, Abhilash released his first book, Khemaposh, at the Kashmiri Pandit Sabha Hall in Jammu. The warm reception inspired his second collection, Tez Vuzmal.

#### The Calligrapher and the Composer Apart from poetry, Abhilash is gifted in calligraphy. In an era before digital

printing, he handwrote entire booksincluding those of Mohan Lal Aash, Kashi Nath Bhagwan, and others—especially

in the Urdu script.

He also turned his poems into music, collaborating with Kashmiri singers and releasing several CDs of devotional songs. His work now reaches a global audience through his YouTube channel "Abhilash Vann'andisregularlyairedon Radio Sharda.

#### **Poetry Beyond Devotion**

Though best known for Bhakti poetry, Abhilash has also explored satire and social commentary, writing on topics like Alexander Graham Bell's invention, modernization, and the COVID-19 pandemic.

One of his Hindi compositions, Pinjra, captures the post-exodus despair of displaced Pandits:

"पिंजरों में बंद पड़ी है अनमोल आत्माएं क्या गदर हो गया है किसको हम ये सुनाएं?

#### Philosophy and Reflection:

In conversation, Abhilash reflected on

the future of Bhakti poetry: "No seed is ever permanently extinct. Sometimes it blossoms fully; other times, less so. That's nature's way. Bhakti poetry will survive, even if today's generation is less inclined toward it.

He also acknowledged that some rural imagery and idioms in his poetry might be hard for younger audiences to grasp:

"I was raised in a village; that life naturally reflects in my poetry. The metaphors I use—trees, land, birds—are rooted in that world, less familiar in city

Despite his popularity, Abhilash remains humble, cherishing feedback from listeners and readers alike:

"Ifeel grateful. The audience's responsebe it praise or criticism—motivates me."

#### On Technology and Change

Once opposed to mobile phones, seeing them as distractions, Abhilash later embraced them:

"It's the necessity of the time. Phones connect the whole world. Unfortunately, many misuse them, but their potential is

#### The Unhealed Wound of Exodus

The 1990 exodus remains a wound that time has not healed for Abhilash:

"We lost everything—business, land, identity. Our existence has been shattered. Families are scattered. The elderly live in sorrow, unsure who will light their funeral pyres. From riches, we've been reduced to rags.'

Regarding returning to Kashmir, he is clear: "My answer to everybody who asks me if I would like to return to Kashmir after all these years is 'No'. Because the people of Kashmir have dismissed us for the past 33 years and that too on the grounds that we are Hindus. Is there any other reason for our exodus? No Kashmiri

Pandit has committed crimes akin to those inflicted on him by the Kashmiri Muslim. Kashmiri Pandits have not killed any Muslims, never burnt any of their houses, never razed any of their shrines and never acquired their lands by deceit



force. Despite being a peace-loving community, we had to endure such suffering. Everything that we had was snatched away from us in an instant. They did not leave our homes and temples. What is left there for us now? More miseries, more suffering and an uncertain future: as the saving goes: "Jahan nahi chaina wahan nahi rehna".

(The author is a Junior Research Fellow at the National Institute of Mental Health and Neuro Sciences, Bengaluru (NIMHANS)







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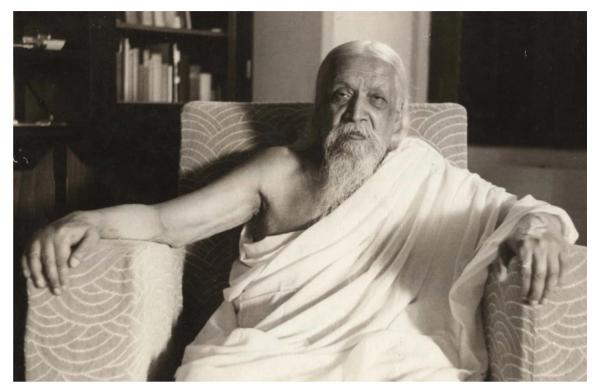
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#### **Editorial**

### The Chancellor Arrives

ver the decades there has been a considerable thrust to relegate the newspapers to the background and replace them with instantaneous news portals that present the news and views through the digital media. This has indeed revolutionised the media outreach. It did create a new critical mass to provide information and entertainment to the masses. But this has come at a cost. The traditional newspapers that shaped the public opinion and discourse leading to narrative formation have suffered. Not because the electronic and digital media added a new dimension but the print media started losing its own credibility by compromising on its strengths that made it a lead player in public domain and policy making. It got carried away with the glamour of the technology and felt that there was a need to focus on technology and compromise on editorial policy. The outcome was the degeneration of the seriousness and decline of language. The newspapers ceased to be the beacons of opinion making and intellectual pursuits. It would have been best if the technological development would have been used to consolidate the editorial policy and editorial quality but it ended in focussing on marketing through digital platforms without firm grounding in substance. It created a death of writers and decline of editors but emergence of content writers who were not trained in professional journalism and the nuances of language that shapes the narrative. For them, filling the web pages with matter meant the business. Whether it was relevant or not. It killed the art and science of editorials and articles were reduced to mere plagiarism. An ideal situation  $would \, have \, been \, the \, synergy \, of \, technology \, with \, the \, editorial \, expertise$ to evolve a concrete newspaper outreach to sensitise, educate and groom a new generation of readers equipped with a progressive journalism. But things went the other way. The Space for substance, originality, scholarship and an eye for shaping the public policies have declined. Dearth of intelligents in that can sensitise the masses and develop a thinking society prescribing solutions is a challenge. The Chancellor has emerged to fill this gap and restore the policy making ability of the newspapers to develop a knowledge society leading to good governance and suggesting measures to safeguard the national interest with a focus on territorial integrity and sovereignty of the Indian nation at the grass root level. The aim is to indulge in capacity building by involving the communities and the stakeholders to share their experiences and be the change makers and lead with their own examples. This is an era of co-creation. An era of communicationand knowledge revolution. Perceptions are shared by practical experiences and global connectivity. The Chancellor will focus on all stakeholders who create the social ecosystem. The scope of the Chancellor is well defined by its cardinal principle that experiences are the best teachers. The editorial team of the *Chancellor* comprises experienced editors and writers who have worked at the various levels and contributed to opinion making. The thrust of the *chancellor* will range from tourism to culture, heritage to civilizational issues, art to literature, rural development to women empowerment besides the international affairs to national developments having bearing on the socio-economic and socio-political moorings of the people. The aim is to recreate a new class of readers who value the primary sources and have a keen eye for research. The Chancellor will offer the best to the researchers, the common masses besides the policy makers and develop a comprehensive perspective. The imperative is to focus on the journalism and stories that have a long shelf value so that the knowledge management in the contemporary era is made a reality by making it reach the stakeholders across the globe. It is an initiative that is based on the internalisation that we at the Chancellor are representing the issues and challenges that confront the Northern Frontier in the Himalayas. Over the decades we have witnessed the erosion of the civilizational moorings leading to the destabilisation of the place consciousness and aesthetics. That has in turn led to dysfunctional response and policy paralysis as the feedback and value addition have been abandoned due to the crumbling of the infrastructure that defined the original thought process shaping the opinion making and newspaper editorial policies based on accuracy, timeline and editorial expertise. Jammu and Kashmir lies at the apex of India's Northern Frontier and shapes the civilizational moorings through centuries. The war of attrition and plovs of subversion have led to degeneration of the value system and scholarship that defined Jammu, Kashmir and Ladakh. The objective is to delve deep and bring to the fore the foundational truths and cultural roots that have given identity to the people of this land. Jammu and Kashmir is the nervous system of India as it is from here that the civilizational moorings have flowed down to the plains. Be it the Shaiv Trika  $the frontiers of \bar{I}ndia\ or\ the\ patience\ of\ Ladakh\ in\ terms\ of\ safeguarding$ the national interest, the *Chancellor* will act as the sentinel of preserving the cultural and civilizational interests having Sanskrit moorings as the challenge is defeating the forces of De-Sanskritization. The editorial policy of the *Chancellor* will have a span that embraces all indigenous thought processes that uphold the national interest. Our landscape is pan –India. We have just started the journey to gain momentum to cover the entire nation. Entire India is our domain meant to offer the best of captivating stories, reports and articles. We wish our readers an enriching journey with the *Chancellor* and explore in this issue the comprehensive outlook that we stand to represent.

# Sri Aurobindo's Integral Yoga & Kashmir Shaiv Darshan



#### Dr. Mahesh Kaul

ndic civilisation based on Sanskrit tradition is the continuity of the realised phenomenon of consciousness that is ever progressive and is comprehensive. It nurtures and nourishes the human development from lower truths to higher truths of the creation guided by the nature's mysterious ways that are based on cosmic laws. These laws are beyond the mundane mechanical systems that govern our day to day life. As the eternal existence of nature is based on the phenomena in which consciousness acts at the subtle level, it binds a minute atom to the gigantic mountain and depicts the integrality of the creative force. It is on such a canvas of cosmic domain that Sri Aurobindo developed his all-encompassing Integral Yoga that includes in its sphere of influence all the earthly materials be these human or the inanimate objects.

In his seminal work the Life Divine Sri Aurobindo elaborates his vision of the purpose of the creation and the objective of the life on earth. He says, "And if there is, as there must be in the nature of things, an ascending series in the scale of substance from Matter to Spirit, it must be marked by a progressive diminution of these capacities most characteristic of the physical principle and a progressive increase of the opposite characteristics which will lead us to the formula of pure spiritual self-extension."1 His aim is establishing the divinity in human form and in more clear terms he wants to bring home the point that divine works through ascent in the human form as this body of gross matter is in the process of evolution not in the biological sense but in the sense of super conscious sense. He is pointing towards the life force that acts through nature of the God head who governs the cosmic creation. It is a process of identifying with the Chiti Shakti of the Param Shiva or Maheshwara that is the independent power or energy of the Lord of the cosmos. He reinforces this ascent and says, "This is to say that they must be marked by less and less bondage to the form, more and more subtlety and flexibility of substance and force, more and more interfusion, interpenetration, power of assimilation, power of interchange, power of variation, transmutation, unification."2 The thrust is to drive away from the duality of the form and emulate poise so that we are drawn towards the infinity, unity and indivisibility of the spirit.3 Sri Aurobindo's realm of consciousness is based on recognising the physical form of humanity as an inherent tool for achieving the truth consciousness that is hidden in the Lila of the cosmos and is revealed when ascent of the mind is made possible by discipline of yoga. Yoga that is not mere practice of breathing exercises but being the participant of the Divine process as recognising the Lord in the heart where he is situated and is capable of making us participate in this process of evolution through is energy. Sri Aurobindo demystifies and decodes the life force and says". In Matter Chit or Conscious-Force masses itself more and more to resist and stand out against other masses of the same conscious- Force; in substance of Spirit pure consciousness images itselffreely in its sense of itself with an essential indivisibility and a constant unifying interchange as the basic formula even of the most diversifying play of its own Force. Between these two poles there is the possibility of an infinite gradation.4

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Kashmir Shaiv Darshan that is based on Pratibhigyan (Self Recognition) posits that when one is led out of the intoxication of the Self then Chit gives way to Chiti Shakti and it is the essence of Kashmiri Shaiv Darshan that it explains Chiti as Maya clouded like Sun when there is illusion due to the Malas (impurities). Chiti is Maya when it creates itself due to its independence. It is on these lines that Sri Aurobindo explains and develops based on his realisation that Chitti is hidden in Maya but Maya works in both in descent and ascent as Chiti Shakti.

Thus Sri Aurobindo's conception of Mind, Over Mind and Super Mind has basis in the self-recognition that is Pratibhijana of Kashmir

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Shiav Darshan; also known as Trika Shaivism. Khemaraja an outstanding disciple of the Maheshwaracharya Abhinavagupta explains the reality of Maya as Chiti Shakti of Param Shiva in terms of three Shaktis that functions at the level of Mind, Over Mind and Super Mind. He terms them as Viakhari, Madhyama and Pashyanti. Not only that he reveals that Kashmir Shaiv Darshan moves beyond it and even reveals the Paravani. He explains that Chiti is Maheshwara Himself and hence the Maheshwari Shakti. His Aurobindo has also explained in his works while associating various hues with the Shaktithat Maheshwari is the supreme creative force having white hue and it lasts depending upon the level of consciousness of the Sadhaka.

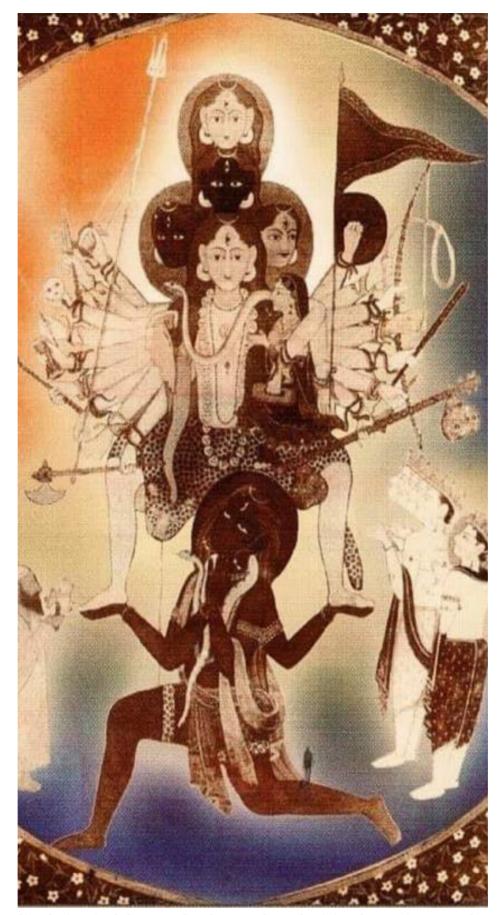
While going through the texts of Kashmir Shaiv Darshan from Tantraloka to Pratibhgyanhridhiyam, one sees a complete agreement of the Sri Aurobindo's thesis with the seminal works of Kashmir Shaiv Darshana. It is no exaggeration to say that Sri Aurobindo's Integral Yoga and his formulations of consciousness as revealed to him have roots in Tantras of Kashmir as revealed to Kashmir Shaiva masters.

Sri Aurobindo has termed the perfection of the Mind to be in communion and working in tandem with the Purusha of Yoga to be based on sacrifice of the ego like identifying the self with the material existence. When ego of any action is offered to the Lord in the yogic heart then barriers get demolished and new dimensions and horizons are developed that are operative in co-ordinates that can't be explained in the material space-and time. These barriers in Kashmir Shaivim are termed as Malas (impurities) in the Self-Recognition (Pratibhigyan) of Kashmir Shaiv Darshan. It is in this context Kashmir Shaiv Darshan in all its texts as collected from various Agamas as revealed by Lord Maheshwara Himself to Paravati says that when Maya leads to illusion due to Malas, it creates ego.

The Maya of Advaitins is illusion but Kashmir Shaiv Darshan argues if Maya is the Chiti Shakti of the Lord, who is a reality and indulges in creates through his union with Herthen how come Maya is an illusion but it is a reality of creation. Sri Aurobindo's conception is superimposed in the Kashmir Shaiv Darshan and is the same that is independent association of Chiti/Maya which differentiates objects takes such names accordingly. 6

Notonlythat Kashmir Shaiv Darshan transcends beyond this and situates Maya as the reality by associating it with Shiva consciousness. It says different from Shiva interms of independence means associated with Shiva as different is relative with some source and that is Shiva Himself. It is Chiti, it defines Chiti and hence, Maya that is different from Shiva but the same Maya when recognised as Chiti in union with Shiva is Maheshwariof Maheshwara indulging in the cosmic process of creation and

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dissolution. And the same has been incorporated by Sri Aurobindo in terms of involution and evolution into his Integral Yoga when ego in various forms is sacrificed in the fire of Maya to unveil the Chiti of Maheshwara.

To substantiate how Kashmir Shaiv Darshan and Sri Aurobindo's Integral Yoga are nothing but Self–Recognition of Trika Sidhanta of Kashmir, it is proper to quote Sri Aurobindo, he says, "Insum, it may be safely affirmed that no solution offered can be anything but provisional until a supramental Truth-consciousness is reached by which the appearances of things are put in their place and their essence revealed and that in them which derives straight from the spiritual essence. In the meanwhile our only safety is to find a guiding

law of spiritual experience-or else to liberate a light within that can lead us on the way until that greater direct Truth-consciousness is reached above us or born within us. For all else in us that is only outward, all that is not a spiritual sense or seeing, the constructions, representations or conclusions of the intellect, the suggestions or instigations of the life-force, the positive necessities of onysicai tnings are sometimes naiilights, sometimes false lights that can at best only serve for a while or serve a little and for the rest either detain or confuse us. The guiding law of spiritual experience can only come by an opening of human consciousness to the Divine Consciousness; there must be the power to receive in us the workings and command and dynamic presence of the Divine Shakti and surrender ourselves to her control; it is that surrender and that control which brings the guidance."7 When analysed in the continuity and progression; it can be easily concluded that Sri Aurobindo's Integral Yoga is the crystallisation of the internalisation of the Shiva Agamas and Tantra with a conscious sense of the dynamism of the working of Cosmic Divine through Human form and unveiling of Chiti hidden in Maya as the reality and not an illusion but a profound creative force that is hidden due to excess of Malas termed as ego by him. To further substantiate and reinforce the impact of Tantra as enshrined in Kashmir Shaivism, hesays, 'The extreme solution insisted on by the world-shunning ascetic or the inwardturned ecstatical and self-oblivious mystic is evidently foreign to the purpose of an Integral Yoga-for if we are to realise the Divine in the world, it cannot be done by leaving aside the world-action and action itself altogether. At a less high pitch it was laid down by the religious mind in ancient ties that one should keep only such actions as are their nature part of the seeking, service or cult of the Divine and such others as are attached to these or, in addition, those that are indispensable to the ordinary setting of life but done in a religious spirit and according to the injunctions of traditional religion and scripture. But this is too formalist a rule for the fulfilment of the free spirit in works, and it is besides professedly no more than a provisional solution for tiding over the transition from life in the world to the life in the Beyond which still remains the sole ultimate purpose. An Integral Yoga must lean rather to the catholic injunction of the Gita that even the liberated soul, living in the Truth, should still do all the works of life so that the plan of the universal evolution under a secret divine leading may not languish or suffer. But if all works are to be done with the same forms and on the same lines as they are now done in the Ignorance, our gain is only inward and our life is in danger of becoming the dubious and ambiguous formula of an inner Light doing the works of an outer Twilight, the perfect Spirit expressing itself in a mould of imperfection foreign to its own divine nature. If no better can be done for a time- and during a long period of transition something like this does inevitably happen – then so it must remain till things are ready and the spirit within is powerful enough to impose its own forms on the life of the body and the world outside; but this can be accepted only as a transitional stage and not as our soul's ideal or the ultimate goal of the passage.

(The author is Editorial Director, The Chancellor)

(\*Article is an abridged form of the paper originally published in the Bhartiya Manyaprad, International Journal of Indian Studies April-May2018, Annual Issue)







# Prof. Lalit Mangotra: The Scientist Who Writes the Soul of Jammu

'n a world often divided between science and the arts, few individuals bridge the two with the grace, intellect, and cultural commitment of Padma Shri Prof Lalit Mangotra. A distinguished physicist with over 300 scientific publications and a revered figure in Dogri literature, he is not just a literary icon or a scientist, he is a custodian of heritage. His life represents a rare confluence of intellect and emotion, tradition and progress. He reminds us that to preserve a language is to preserve a people's memory, and that no effort in that direction is ever too small.

Dr. Mangotra exemplifies the unique intersection of analytical brilliance and creative depth. Having served as Professor of Physics at the University of Jammu, his parallel journey as a writer, essayist, and cultural activist has not only elevated the Dogri language but has also inspired generations to reconnect with their linguistic

From his acclaimed collections like Cheten Diyan Galiyan and Hello Maya, to his tireless advocacy that helped secure Dogri's inclusion in the Eighth Schedule of the Indian Constitution, Dr. Mangotra's life stands as a token to the power of language, identity, and intellectual pursuit. Honoured with the Sahitya Akademi Award and, more recently, the Padma Shri, he remains a guiding force in both academic and literary realms.

In this candid and wide-ranging conversation with *Anuja Khushu*, *Editor* The Chancellor, Dr. Mangotra reflects on his dual passions, the decades-long struggle for Dogri's recognition, and his message for the next generation of writers, scientists, and cultural thinkers.

**Excerpts:** 

Take us back to your early academic journey. How did you discover your dual passion for science and literature?

My love for physics began around 11th grade. I never saw it as difficult—it was always fascinating to me. I completed my BSc at Science College Jammu, where I also discovered a love for literature, thanks to its incredibly rich library.

Then I went to Kashmir University and completed my MSc in Physics in 1966, because at that time Jammu did not have a postgraduate physics department. I returned a few years later and enrolled in the newly established PhD program in Physics at Jammu University. I'm proud to say I was the first PhD scholar in physics from Jammu

#### And yet, all this time, you were also immersed in literature?

Yes. My love for Dogri and storytelling came from my family—my grandmother, my mother. I was raised on oral tales. Even during my student days, I was active in cultural activities. I was elected cultural secretary at Kashmir University and began organising literary programs.

My first short story was published in 1972, and I never stopped. I later wrote essays and poetry, and it's all been parallel to my academic life. The two never conflicted: they complemented each other.

#### Tell us about your work in forensic science—an unusual turn in your career.

After my PhD. I joined the Forensic Science Laboratory and worked there for four years as Assistant Director of Criminal Scientific Investigation. I was trained by the CBI in Delhi and later at Shivpuri in explosives. But I soon realized that was not my calling. I wanted to return to academics, and I joined

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Jammu University in 1978, where I remained until retirement.

#### You won the Sahitya Akademi Award for an essay collection. What inspired

The book is deeply personal. It reflects my nostalgia for old Jammu, the places, people, and culture that I saw vanishing. These were short, memory-based essays. Because they were brief and reflective, they resonated with readers. Ironically, while I'm mainly known as a short story writer, it was these essays that won me the Sahitya Akademi Award in 2011.

#### You've led the Dogri Sanstha for over 30 years. What's been the impact of this

Yes, I've been associated with Dogri Sanstha since the 1980s, and have served as its President since the 1990s. The Sanstha was established in 1944, the same year I was born. One of its earliest goals was to secure Dogri's inclusion in the Eighth Schedule of the Constitution—a dream that came true in 2003.

This wasn't easy. Back in 1944, Dogri had no significant modern literary output. It was rich in folk literature, but we lacked books, dictionaries, and educational presence. Over time, we built all of thatschools, colleges, university courses, and thousands of published works. That foundation made constitutional recognition possible.

I have also served two terms as Convener

of the Dogri Advisory Board at Sahitya Akademi, orchestrating seminars on Ram Nath Shastri and translation workshops in major cities and even in Japan

You played a key role in getting Dogri recognised in the Eighth Schedule of the Indian Constitution. How did that movement unfold, and what does it still demand of us

The movement to include Dogri in the Eighth Schedule was a long, collective struggle, fueled by generations of Dogri writers, scholars, and activists who believed in the linguistic and cultural identity of the Dogra people. It wasn't just a demand for administrative recognition—it was a plea for legitimacy, for inclusion in the narrative of the nation. I was involved in organizing awareness campaigns, writing essays, lobbying through literary forums, and coordinating with other language movements.

In 2003, when Dogri was finally included in the Eighth Schedule, it was a historic moment. But it was also just the beginning. The real challenge lies in implementation. Are we teaching Dogri in our schools? Is it being used in official communication? Is it visible in digital media and popular culture? These are the questions we must continue to ask. A language survives not just through recognition, but through usage and pride. We need to keep nurturing Dogri so that it lives not just in literature, but in everyday speech.

In practice, Dogri is not used in courts, police stations, health or agriculture

departments, or even schools at the foundational level. This leaves citizens helpless. Imagine a poor villager standing in court, unable to understand the language being spoken, the judgment being delivered. That is not justice.

The CHANCELLOR

### What role do literary organisations play in saving languages like Dogri?

They are crucial. There aren't many such bodies for regional languages, especially Dogri. But in Jammu, the literary community—whether Dogri, Hindi, Punjabi, Urdu—works in harmony. When Dogri was campaigning for recognition, writers from all languages stood with us. That spirit of unity is rare and beautiful.

#### Do you think regional languages like Dogri are endangered today? What can be done to protect them?

Yes, they are under serious threat—not just from other languages, but from apathy. When parents stop speaking a language to their children, it begins to die. To save Dogri, we need a collective cultural commitment: integrate it in school curricula, support writers and publishers, use it in media and digital spaces, and most importantly, speak it at home with pride. At Dogri Sanstha, we've been actively working on these fronts for years, but much more needs to be done.

#### You began writing poetry later in life. What drew you to it?

About 15 years ago, poetry just happened. I had always written short stories and essays, but suddenly poetry felt like the right form. It allows for a new way of reflecting and expressing. And yes, I continue to write

#### What message would you like to give to the younger generation?

Please, don't abandon your mother tongue. Our generation made the mistake of prioritizing English and Hindi. But your roots, your identity, your cultural memorythey live in your language. I've lived in Germany, Sweden, Switzerland, and everywhere I saw the same thing: people are proud of their languages. They study, work, and thrive in them.

Why should we be ashamed? Language is not just communication—it is who we

Back in 1944, Dogri had no significant modern literary output. It was rich in folk literature, but we lacked books, dictionaries, and educational presence. Over time, we built all of that—schools, colleges, university courses, and thousands of published works. That foundation made constitutional recognition possible.







# **Evolution of Jammu** & Its Place Consciousness

he name "Jammu" has been the subject of n u m e r o u s interpretations historians and chroniclers. While some attribute it to King Jambulochan, a descendant of the Raghu dynasty, others believe the name derives from the abundant Jamun fruit found in the region. However, a deeper exploration of historical records and epics provides a more nuanced understanding of the

name and its significance.
Historically, "Jammu" is believed to refer to a sect of Brahmins who were displaced from Kashmir and settled in this region. The route they followed was known as "Jammu Marg." Even the Mahabharata, one of India's greatest epics, references the region. A verse from the Mahabharata describes the pilgrim journey to Jammu, stating:

Jambumarbam Samavishya Devish Pitrasevitan Ashwamedham Mavaproti Sarvakam semenvita

When translated, this means: "A pilgrim going to Jammu (Jambu Marga), the place of the Gods, saints, and ancestors, is blessed with the boons of the Ashwamedha Yagna and all his wishes are fulfilled." This verse confirms that Jammu was considered a sacred and significant place, not just in local lore, but within the broader religious and cultural consciousness of ancient India.

This Mahabharata verse establishes that Jammu acquired a sacred place in the religious texts. The present day pilgrimage to Shree Mata Vaishno Devi is the continuity of the age-old traditions that has gained momentum with developmental initiatives. But the essence remains the same intent of pilgrimage. The religiosity of the society is visible in the rituals and food habits of the Duggar land. As every activity is blended with some sort of religious overtones that depict the culture.

Jammu and Kashmir may be the state that appears to many as the unnatural wedlock but the cultural aspect when viewed in the prism of the Indian philosophical tradition makes it a complete cultural unit.

It can be argued that the Kashmir region of the state has the tradition of the Kul Devis in each family. Kashmiri Pandits have the tradition of paying obeisance to their Ishth Devis like Jwala, Sharika and Kheer Bhawani venerating feminine aspect of nature.

But the Jammu region has the tradition of venerating the Kul Devtas like Kali Veer, Sidh Goriya, Baba Bhoto etc. No doubt the Shakti Peeths hold immense significance.

viewed in a comprehensive manner of the religious tradition, it can be said that state of Jammu and Kashmir fructifies the

Shaiva philosophy in which Shakti is the energy consciousness of the Lord and masculine potential manifests in the kinetic action of the femininity. One region acting as the potential energy and

Dr. Mahesh Kaul

enjoyed political relations with the rulers of Kashmir when alliances were sought to defend the territory of the valley from outsiders.

This interaction of the Duggar land with the people to various



another as the kinetic energy of the supreme.

There are many references in the Harivansha that depict Jammu as an important pilgrimage centre of India having great religious significance.

It has to be mentioned here that in texts like Rajatarangini name of the region is mentioned as Dvigrata, which may have corrupted later to Durgara or Duggar. Historians have established in their findings with the help of archaeologists that Chamba copper plate inscriptions refer to Jammu, when they come across the reference 'the Lord of Durgara'. These inscriptions reveal the chivalry of the people of the land who had military interests from the evolutionary stages of the region. It has been referred to as the tribe that existed from the time of Gupta or pre-Gupta age. But 11th century inscriptions in the above-mentioned Chamba copper plates issued by Soma Varman situate Jammu in the antiquity of the cultural tradition. These inscriptions mention the territorial ambitions of the Dogras across the Shivaliks into the Chamba.

Not only that, Dogras find mention in the history while taking part in the military ens with their kinsmen known as Balourias. It is a recorded fact that Kangra valley has been in the subordination of the Jammu's over lordship. It must be borne in mind that the city of the region is also known by the name Jammu. Amir Timur attacked Jammu in 1398-99 and thus, we find that its name is mentioned in Malfuzat-i-Timuri and the

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Zafarnama. Rajatarangini of Kalhana does not mention the region by the name Jammu, the reason being that the capital of the region was Bahu and even changed for some time to Babbapura also known as Babor. It is located on the Dhar-Udhampurroad and excavations done by ASI reveal the importance of this place.

This can be said with ease that Jammu was a politically conscious and culturally adaptable region as the shifting of the capital gives an indication that its rulers ruled with ease that suited their administration. This shifting of capital from time to time would have given a chance to develop the locale as per the situation and natural resources. Travelling in the interior of Jammu region exposes a person to the cultural life that has diversity from district to district. No doubt the language spoken is Dogri but its dialect and intonation changes with the incorporation of words for the same subject differently.

It must be said that the cultural evolution of Jammu has taken place by interaction with the various people and closeness with the people in the adjoining plains makes Jammu an interesting society. Evaluation of the historical records and studies carried out by the contemporary scholars brings to the fore the acumen of the ruling clans to develop relations with the adjoining hill states to foster good trading and cultural relations. Jammu has been close to Punjab plains and Kangra-Chamba belt as far its customs, dialect and other symbols of attire are concerned but it can't be denied that it hues but same religious denomination proves that it enjoyed a considerable influence among the ruling dynasties. Historical records also reveal that ruling dynasties sought marriage alliances with the royal houses of Rajputana and Delhi to strengthen their political might (Pathik, 1997).

Walter Lawrence has accepted that Jammu is in a strategically important location in terms of its geography that it influences the state of affairs of the Kashmir valley and Strategically Kishtwar. Shivaliks act as a bowl and in this bowl Jammu it perched at the top having advantage to control the fulcrum in the Himalayas and this was well understood by the British imperialists who tried their utmost best to control the state of Jammu and Kashmir to suit their agenda of great game. They succeeded in violating the treaty made with Gulab Singh during the period of Pratap Singh and subjected the state to intrigues that are making the state vulnerable to threats from the neighboring countries. It is having a great impact on the culture and traditions of the people.

Culture of a place develops by religious philosophy that is an aggregate of many human activities shaped by history and nature involving space and time. It cannot be denied that the influence of Ramayana and Mahabharata period on the social consciousness

of Jammu is profound. King Gonanda of Kashmir who was also related to Lord Krishna has been established as the Rajput belonging to Jammu. It is not clear whether he was invited or he assumed control of the affairs by conquest but his period is marked around 1400 B.C or 1260 B.C. Gonanda is established as the first ruler of Northern India whose kingdom extended from Jammu to Kailash.

Another important description of the Jammu's pan India connection comes from the revelation that the ruling clan of Jammu was founded by Sudarshan, the king of Ayodhya .It has been established that right from Sudarshan to Maharaja Hari Singh nearly 150 kings have ruled Jammu.

It has been established that Jammu developed as the centre of a strong bastion of people who had a clear understanding of statecraft. Cunningham has given classification of the Rajput principalities of the western Himalayas, between Sutlej and Indus. He has divided them into three groups. These include Kashmir, Durgara or Duggar and Trigarta.the first group consisted of Kashmir and small states between Indus and Vitasta. Earlier Chamba was associated with the first group. the second group included Durgar(Jammu) and small states between Vitasta and Ravi. These included Jammu, Mankot, Jasrota, Lakhanpur ,Samba, Trikot, Akhnoor, Reasi, Dalpatpur, Bhau, Bhoti, Chenani, Bandralta, Bhaderwah, Basohli, Bhadu, Kishtwar, Rajouri, Poonch, Bhimber, Kotli and Khari-Khariali. The third group consisted of Jalandra or Trigarta and small states between Ravi and Sutlej.

This description is significant in a sense that it later helped to classify hill states into twenty two Hindu and twenty two Muslim chief ships, former were in the East and later in the West. Ravi acted as the dividing line and as such it was included in both the Kangra circle and the Duggar circle. This line emerged as the cultural line and helped to shape the evolution of Jammu as the centre of cultural assimilation and later gave expression to the stable sociocultural space that is witnessed in the rich architecture and artistic forms like Basohli paintings having a significant element of Kangra school.

(Authorisa National Security Expert, Heritage Tourism Management Expert & an Exponent Kashmir Shaiva Trika Tantra Parampara. He writes on the issues concerning Jammu and Kashmir, Northern Frontier and Kashmir Shaiv Darshan. His two books titled "Jammu and Kashmir Breaking the Subversive Web and A Way Forward" Exploring Heritage Tourism in Jammu have been widely acclaimed. He is the Editorial Director of The Chancellor)







### The CHANCELLOR JUNE 15-30, 2025

# Minsar: A forgotten Chapter in **Indian History**

Kailash-Mansarovar pilgrimage resumes for its annual season between June and September, many Indian pilgrims set their sights on the sacred peaks of Mount Kailash and the pristine waters of Lake Mansarovar. For centuries, this spiritual journey has effortlessly interwoven spiritual traditions, religious belief and historical continuity. But few pilgrims today would be aware of the fact that the traditional route to this pilgrimage once passed through a village named Minsar.

Most Indians would be oblivious to the existence of Minsar, a small hamlet located in Western Tibet, 32 miles west of Mount Kailash which has been connected to India through cultural, historical and religious ties for over three centuries and paid revenue to the Kashmir government. Minsar's history has been deeply intertwined with that of the Kingdom of Ladakh and later the Princely state of Jammu and Kashmir. From the early 17th century this village was under the administration of the Kingdom of Ladakh and then under the jurisdiction of Dogra rulers of Jammu and Kashmir. The revenue generated from Minsar directed towards maintenance of the Kailash-Mansarovar pilgrimage. Today, this Indian enclave in Tibet is under the occupation of China. However, no formal agreement exists which indicates Indian relinquishment of their rights over Minsar. India's lost claim over this small yet geopolitically significant principality needs to be brought into focus.

#### **Geographical Extent**

Minsarlies in the Ngari-Khorsum region (Western Tibet). Traditionally reached from Demchok (Ladakh) through a ten-day journey, it was a part of the old Kailash-Mansarovar pilgrimage route. This serene village housed about 60 families, nearly 280 people, mostly Buddhists who sustained themselves through rearing of livestock and wool trade. Surrounded by Tibetan territory on all sides and 70 miles from the nearest Indian border, Minsar was located on the main trading route from Leh to Lhasa and acted as a halting place for Hindu and Buddhist pilgrims on their journey to Mount Kailash. As a result of its distant location, the communication with Kashmir Durbar and India proved to be

#### Historical Origins: From Ladakh to Dogras

Indian ties to Minsar trace back to the 16th century with the rise of Bhagan of Bhasgo and the Namgyal Dynasty in Ladakh. King Singge Namgyal

(1616-1642), the most powerful ruler of this dynasty extended his control over Western Tibet Minsar. including achievements however triggered the hostility of Tibetans resulting in the Tibet-Ladakh

Alaknanda Mahajan

Manvika Bamba

#### **Post-Independence Shift**

Following independence, the Instrument of Accession (signed on 26th October 1947) brought Jammu and Kashmir, including Minsar, into the Indian Union.



War of 1679. In 1684, following its defeat in war, Ladakh was compelled to sign the Treaty of Tingmosgang which recognized Tibetan control over much of the region except Minsar. Article 8 of this treaty distinctly allowed the Ladakhi king to retain Minsarto support the pilgrimage to Kailash and Mansarovar.

'But the king of Ladak reserves to himself the village (or district?) of Monthser (i.e., Minsar) in Ngarees-khorsum, that he may be independent there; and he sets aside its revenue for the purpose of meeting the expense involved in keeping up the sacrificial lights at Kang-ree (i.e., Kailas), and the Holy Lakes of Manasarowar and Rakas Tal".

#### Dogra Conquest and Treaties

By the first quarter of the 19th century, the state of affairs in Ladakh were in disarray. In 1834, Raja Gulab Singh set his sights on the conquest of Ladakh. Beyond the exposed political weakness of Ladakh, another reason which motivated the Dogra Raja to invade was the lure of the region's lucrative shawl and wool trade. With this aim in mind Raja Gulab Singh thus dispatched an expedition to Ladakh commanded by his ablest general, Zorawar Singh Khaluria. After successful campaigns, Ladakh became a tributary of the Sikh Empire, but Gulab Singh exercised actual authority over the region. The Dogra army later marched into Tibet, but General Zorawar Singh tragic and untimely death in the Battle of To-Yo (1841) put an end to any further advance

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into Western Tibet. The resulting Treaty of Chushul (1842) only reaffirmed earlier the provisions of the 1684 treaty. Eventually, with the signing of the Treaty of Amritsar (1846), Ladakh including Minsar incorporated into the Princely state of Jammu and Kashmir under British suzerainty.

In the years that followed, the Kashmir government continued to send its officials for the purpose of collecting revenue. From 1853 to 1905, revenue records confirmed regular collections by Dogra officials. In the year 1853, during the governorship of Mehta Basti Ram, the revenue of Minsar amounted to Rs 56 which gradually increased up to Rs 297 by the year 1905 as mentioned in the settlement report of Faqir Chand, the Wazir Wazarat of Ladakh. Minsar also mentioned the census reports of 1911 and 1921. The latter document clearly mentioned that Minsar has 44 houses, 87 men and 73 women. Although the revenue collected was quite meagre, the symbolic and strategic importance of the area was far greater. In the 1940s other officials of the Kashmir government Tsetan Phuntsog and Abudul Waid Radhu, a Muslim merchant also visited Minsar and through their writings offered glimpses into the political situation prevailing in the region. However, in the coming decades, with the independence of India and deteriorating relationship between India and China, the geopolitical situation in the Himalayas was about to witness a dramatic shift.

A cursory glance at the instrument of accession reveals that when Maharaja Hari Singh signed it, he referred to himself as "Shriman Inder Mahinder Rajrajeswar Maharaja Dhiraj Shri Hari Singhji, Jammu & Kashmir Naresh Tatha Tibbet adi Deshadhipati." The adoption of this title validated Maharaja's sovereignty over the princely state of Jammu and Kashmir as well as over the adjacent area of eastern Ladakh, including Aksai Chin, and some areas reaching into Western Tibet (Enclave of Minsar). Even after independence officials of the Jammu Kashmir government continued to visit the area and collect revenue from there. In the year 1950, the Kashmir government deputed a civil officer, Mr. N. Rigzen Ghagil Kalon to visit Minsar. This was the last documented visit to the area by an Indian official.

#### The Panchsheel Agreement and Diplomatic Oversight

By 1954, India and China signed the Panchsheel Agreementwhich included the five guiding principles of peaceful coexistence between both the nations. It is important to note that prior to the signing of the Panchsheel Agreement at the scheduled Beijing Conference of 1954, the issue of Minsar was brought to the attention of Prime Minister Jawaharlal Nehru. He instructed Indian negotiators not to raise the issue of Minsar, but to concede if the matter was taken up by the Chinese. Although the Government of India was well aware of the strategic importance of Minsar for

providing a foothold in Tibet there appears to be no clear reason for India's silence on the issue. India's renunciation of claims over Minsar is viewed by a considerable body of academic opinion as a strategic miscalculation, often labeled as a 'Nehruvian Blunder'. Critics believe that Nehru's unwavering faith in China, ultimately undermined India's strategic

In 1960, as India-China tensions escalated after India's grant of refuge to 14th Dalai Lama from Tibet. India's intervention and extension of asylum to the Dalai Lama was seen as a breach of Panchsheel agreement by the People's Republic of China. Amidst prevalent contentions, Chinese Premier-Zhou Enlai visited India in 1960. In the light of this visit, on 22nd April 1960 Prime Minister Nehru revived the issue concerning Minsar with Zhou Enlai. He highlighted the Kashmir Government's administrative presence in Western Tibet and presented tax records as proof of sovereignty. Nehru maintained that he is making no new claims but defending established boundaries, proposing evidencebased resolution of disputes, especially on India's traditional claims over Minsar. Even after such a vocal stance made over India's position regarding Minsar, the diplomatic talk over thematterreachednosubstantial end. Ultimately, India's claim over Minsar was gradually lost and as historian John Bray has very eloquently put it 'reduced to a minor footnote in history'. Minsar was forgotten from our collective memory except for a few academic discussions. China continues to exercise control over the principality of Minsar as over other Tibetan territories.

#### **Conclusion**

The legacy of Dograrule over Minsar reflects along-standing yet overlooked chapter in India's territorial history. Minsar is linked to India through cultural, spiritual, and historical ties, especially due to its proximity to Mount Kailash. Along with this, its key position on China's G219 highway further increases its strategic relevance in present Recently, times. celebrated its 70th anniversary of the founding of the People's Republic China in Minsar. This move by China is reflective of its ever-expanding territorial ambitions in the Himalayas and acts as a direct threat to India's frontier security. Hence, there is an urgent need to revisit the issue of Minsar not just in academic discourse but for Indians in general.

(Authors are Ph.D. Scholars. Department of History, University of Jammu)











# The Axial Age of Buddha

he strange thing about humans is that they are never ready to visualize death for themselves. When a man witnesses death of another person he never realizes that it will be the fate of his mortal frame as well. Instead he accumulates what is perishable with a firm belief that he will enjoy the material pleasures and assets forever. The reason being that the dependence of man on the outer world and environs are merely meant to stimulate the internal faculties to explore the infinite realm of the cosmic consciousness. But due to inability of the control over senses and the utilization power of the energy inherent in every human being, it leads to non utilization of the inner potential, the vastness of the soul and its eternal power of healing is lost in ignorance.

Gautam Buddha was a realized soul who changed the canvas of whole humanity and the world and laid the foundation of the path based on spiritual rationality, a scientific approach to the world affairs. He shaped the socio cultural domain of India, which was in harmony with the nature and the fellow beings.

His poise and wisdom was based on the power of inner self and the power of self realization. He arrived at a time when the Indian society was burdened with the rituals that were more prone to austerity than realization of the truth. His teachings and wisdom should be seen in the perspective of the turbulence prevalent in the society.

Karen Armstrong's book itled "Buddha" is titled comprehensive and biographical account of the evolution of Buddha and the development of the circle around him. She has contextualized her work by providing the glimpses of the religious and spiritual movements around the world and that makes her work more interesting and enables the reader to have an idea of the human psyche at a time when Buddha attracted consciousness of the people.

The book has been divided into six chapters beside an introduction, notes, glossary and index. Writing about the contents of her book and the subject she writes in the introduction, "The search for a place apart, separate from he world and vet marvelously within it, that is impartial, utterly fair, calm and which fills us with that, against all odds, there is value in our lives, is what many seek in the reality we call 'God'. In the person of Buddha, who had gone beyond the limitations and partialities of selfhood, people seemed to find it in a human being. The

life of the Buddha challenges some of our strongest convictions, but it can also be a beacon. We may not be able to practice the method he prescribed in its entirety, but his example illuminates some of the ways in which we can reach for an enhanced and more truly compassionate humanity.

The important thing that

Dr. Mahesh Kaul

Book: Buddha **Author: Karen Armstrong** Year Publication:2002 Price: **Rs. 282** 

no longer worked for them, and an impressive array of prophetic and philosophical geniuses made supreme efforts to find a solution.

It is not a coincidence but there seems to have been a kind of resurgence and stimulation in the region confined to India, China and Iran for a path breaking religious and social transformation moving away

most typical of the luminaries of the Axial Age, alongside the great Hebrew prophets of the eighth, seventh, and sixth centuries; Confucius and Lao Tzu, who reformed the religious traditions of China in the sixth and fifth centuries; the sixth century Iranian sage Zoroaster; and Socrates and Plato (c.427-327), who urged the Greeks to question even those truths which appeared to be self -evident.

Karen Armstrong dwells at length and defines Buddha and his personality beyond the established norms and analysis. Writing further on the Axial Age, she writes," The Axial Age marks the beginning of humanity as we now know it. During this period, men and women became conscious of their existence, their own nature and their limitations in an unprecedented way. Their experience of utter impotence in a cruel world impelled them to seek the highest goals and an absolute reality in the depths of their being. The great sages of the time taught human beings how to cope with the misery of life, transcend their weakness, and live in peace in the midst of this flawed world. The new religious systems that emerged during this period-Taoism and Confucianism in China, Buddhism and Hinduism in India, monotheism in Iran and the Middle East and Greek rationalism in Europe-all fundamental shared characteristics beneath their obvious differences. It was only in participating in this massive transformation that the various peoples of the world were able to progress and join forward march of history. Yet despite its great importance, the Axial Age remains mysterious. We do not know what caused it, or why it took root only in three core areas: in China; in India and Iran and in the eastern

Mediterranean.' This whole description gives a peep into the rise of Buddhism and other religious and spiritual traditions. The need is to understand the similar transformation the three countries which are the dominant cultural forces even today and the emerging political and economic trends

view of the philosophical and theological undercurrents and idioms.

also give the evidence of the commonality of the change and cultural undercurrents that should redefine the emerging world order. Book is an enriching acco of the life and time of the Buddha and presents a scholarly

KAREN ARMSTRONG Buddha というなプログラをもうトンクランコンコンコンプンコングラファンコンコンコンシントレントル YORK TIMES BESTSELLER

should be of interest to an avid reader and thinker is the 1, titled "Renunciation". Besides dealing with the experiences and background of the Gautama, the Buddha she has explained the rationale about the relevance of Buddha and situated his philosophical standpoint in the international

Raising an important point

regarding the change in social milieu and the environment for the acceptance of the Buddha's discourse she writes, "Why did the people of India feel this disease with life? This malaise was not confined to the subcontinent, but afflicted people in several far flung regions of the civilized world. An increasing number had come to feel that the spiritual practices of their ancestors

from the stratified system. Explaining this period and the she writes, "Some historians call this period (which extended from about 800 to 200 B.C.E.) the 'Axial Age' because it proved pivotal to humanity. The ethos forged during this era has continued to nourish men and women to the present day. Gautama would become one of the most important and

(The author is Executive Editor The Chancellor)











# **BOOK Decoding Kashmir Insurgency**

n Kashmir Insurgency, Col. Yoginder Kandhari (Retd.) offers a profoundly sobering analysis of a national crisis that continues to cast a long shadow over India's democratic fabric. With the precision of a soldier and the discipline of a historian, Kandhari reconstructs the critical years surrounding the insurgency in Kashmir, not to merely recount events, but to interrogate the silence, the hesitation, and the systemic collapse that allowed it to unfold.

Far removed from an ecdotal storytelling or political polemic, this work is an incisive examination of how institutions, civil, political, and military failed to respond with coherence or conviction to a gathering storm. The narrative unfolds in structured, evidence-driven chapters that dissect each node of failure: from the deliberate indifference of administrative mechanisms to the politicization of national security, and from the early ideological seepage to the eventual abandonment of vulnerable communities.

One of the book's core strengths lies in its use of declassified records, RTI responses, and verified field reports, which provide a strong evidentiary foundation for its assertions. Kandhari is not interested in conjecture, he presents a sequence of state decisions (and indecisions) that cumulatively enabled a violent takeover of civil space by radical elements. The result is not just a lamentation of the past, but a diagnostic tool for future policy makers.

Complementingthis analytical rigor is a powerful narrative thread that connects the macrolevel failures to ground-level consequences. A striking parallel is found in Kandhari's treatment of individuals like Rakesh Handoo, introduced in a separate but thematically resonant companion piece, Rakesh Handoo, The Forgotten Flame of Resistance. Handoo's trajectory is emblematic of a class of unrecognized civilian defenders, ordinary Kashmiri Pandits who stepped into operational roles amidst chaos, often out of sheer conviction and civic duty.

Recruited by paramilitary forces for his local knowledge and unwavering commitment, Rakesh led a small group of young Pandits who voluntarily entered high-risk zones in Srinagar to assist in reconnaissance identification. and anti-insurgency logistics.

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Operating initially without arms, their intervention bridged a critical intelligence gap during a period of total institutional breakdown. Their work not only saved countless lives but also disrupted insurgent networks at a time when even trained forces hesitated to act without local insight.

That such bravery was later erased from official memory forms a poignant subtext of Kandhari's work. By restoring figures like Handoo to the public record, Kandhari challenges the national narrative's blind spotsandcallsforarecalibration of who we choose to remember as heroes.

Kashmir Insurgency is neither nostalgia nor grievance, it is accountability, framed with clarity and conviction. It speaks not just to scholars of conflict or security experts, but to every citizen concerned with the erosion of state responsibility. In an era where institutional memory is short and public discourse is often reactive, this book stands out as a long-form rebuttal to ignorance and historical amnesia.

It is, in every sense, a landmark contribution to India's contemporary non-fiction, a text that demands engagement, not applause.

(Author is Editor, Epilogue News Network)

#### Tito Ganju

Book: **Kashmir Insurgency Author:** 

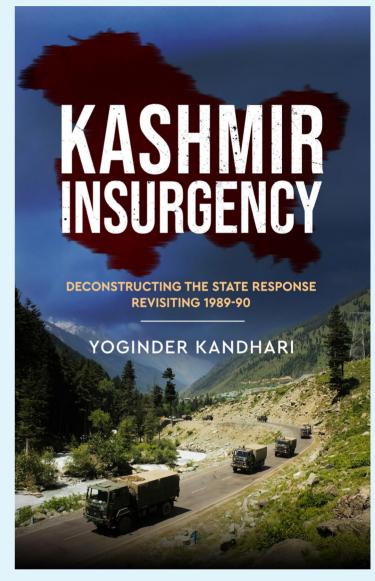
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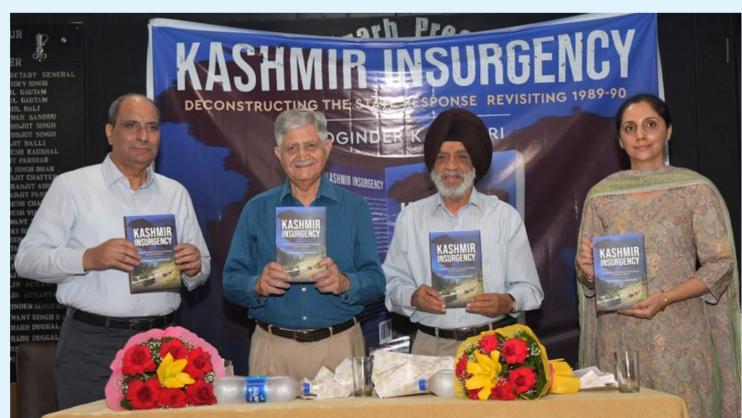
White Falcon Publishing

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Book release function was presided over by General V. P. Malik, PVSM, AVSM (Retd.), former Chief of the Army Staff, while Col. Dalieet Singh Cheema graced the event as the Guest of Honour.







# **Oral Sunscreens:** Supplementing Skin Protection in the Sun

Dr. Ennakshee Sharma

s the peak summer season is here, the importance of protecting our skin from the sun's powerful rays cannot be overstated. National Sunscreen Day falling on May 27 every year serves as a timely reminder of the significance of sun protection in our daily lives. Sunscreen is not just a seasonal accessory but a vital shield against the sun's harmful UV rays. It acts as a protective barrier, preventing UV radiation from penetrating the skin and causing damage.

Broad-spectrum sunscreens offer protection against both UVA and UVB rays, safeguarding from sunburn, tanning, wrinkles, fine lines, premature ageing, and an increased risk of skin cancer. By applying sunscreen regularly, we not only shield our skin from immediate sun damage but also reduce the risk of long-term consequences.

While traditional sunscreens applied topically are a well-known defense against harmful UV rays, a newer trend has emerged: oral sunscreens. These supplements claim to provide protection from within, but do they live up to the hype? Let's dive into the world of oral sunscreens to uncover their potential benefits and drawbacks.

**Understanding Oral Sunscreens:** Unlike traditional sunscreens, which are applied directly to the skin, or al sunscreens come in the form of pills or capsules. These supplements containing redients that are purported to enhance the skin's natural defenses against UV radiation, offering protection from sunburn and long-term damage.

#### Proponents of oral sunscreens highlight several potential benefits:

- **1. Convenience:** One of the primary appeals of oral sunscreens is their convenience. Rather than having to apply sunscreen repeatedly throughout the day, users can simply take a pill and enjoy extended protection from the sun.
- 2. Full-Body Coverage: Unlike topical sunscreens, which may be missed or not adequately applied to all areas of the body, oral sunscreens offer the potential for full-body coverage. This could be particularly beneficial for individuals who engage in water sports or activities that cause sunscreen to wash off. 3. Antioxidant Protection: Many oral sunscreens contain antioxidants, which may help protect the skin from oxidative damage caused by UV radiation. By neutralizing

free radicals, these supplements aim to prevent premature aging and reduce the risk of skin cancer.

**Examining the Evidence:** While the concept of oral sunscreens is intriguing, their efficacy remains a topic of debate. Clinical studies evaluating the effectiveness of these supplements have yielded mixed results. Some research suggests that certaining redients, such as polypodium leucotomos extract and antioxidants like vitamin E and beta-carotene, may provide some level of protection against UV damage when taken orally. However, the degree of protection offered may not be comparable to that of traditional sunscreens.

Potential Drawbacks: Despite their potential benefits, oral sunscreens also have several limitations and drawbacks: 1. Regulatory Oversight: Unlike top-

- ical sunscreens, which are regulated as over-the counter drugs by organizations like the FDA, oral sunscreen supplements are often classified as dietary supplements. This means they may not undergo the same rigorous testing and quality control measures.
- 2. Limited Protection: While oral sunscreens may provide some level of protection against UV radiation, they are not a substitute for traditional sunscreens. Experts recommend using them in conjunction with topical sunscreens for

optimal protection.

3. Unknown Long-Term Effects: Since oral sunscreens are a relatively new concept, their long-term effects on health and skin are not well understood. More research is needed to assess their safety and efficacy over extended periods. Conclusion: In conclusion, oral sunscreens represent an intriguing approach to sun protection, offering the potential for convenience and full-body coverage. However, their effectiveness and safety remain subjects of ongoing research and debate. While they may provide some level of protection against UV radiation, they should not be relied upon as a sole means of sun protection. Until more conclusive evidence is available, it's important to continue using traditional sunscreen and other sun protection measures to safeguard against sunburn and skin damage. There are as many types of sunscreens as diverse and unique as skin types. So choosing the right sunscreen for a person is of paramount importance to avail maximum benefits. One should consult the qualified Dermatologist for skin assessment and finding the perfect sunscreen best suited for their skin.

(The author is Assistant Professor in Dermatology in ASCOMS & Hospital Jammu)



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# Reviving the Roots: Museum & festivals put Dard Aryans back on the map-I

Dr. Verender Bangroo

he Dard Aryans of Ladakh are an ancient tribal community whose unique identity, rich traditions, and ecological wisdom have long fascinated anthropologists, historians, and sociologists. For centuries, they have lived in seclusion in the rugged valleys of Ladakh, preserving customs that reflect ancient Vedic heritage. But today, caught in the crosscurrents of modernization and neglect, their way of life faces an existential threat.

Despite their rich cultural fabric, the Dard Aryans have often been marginalized and misunderstood by other communities. Known for their egalitarian values, deep reverence for nature, and harmonious living, they continue to uphold traditions that are both distinctive and dignified. Respect for elders and women, sustainable practices, and ritualistic reverence for natural elements are integral to their worldview.

Recognizing the urgency to preserve this vanishing culture, the author of this study—who has long researched and advocated for the Dard Aryans—initiated a series of outreach programs. In collaboration with the Indira Gandhi National Centre for the Arts (IGNCA), orientation workshops were held across Aryan villages to encourage younger generations to take pride in their heritage and actively preserve it.

The momentum from these village-level programs culminated in a landmark cultural festival held in New Delhi, showcasing the art, dress, language, and rituals of the Dard Aryans. It was the first such comprehensive national-level exhibition dedicated to the community, and it garnered wide media coverage and publicattention. The event marked a significant milestone in efforts to secure recognition for the community's contributions to India's cultural mosaic.

The Dard Aryans' experience highlights the challenges faced by tribal communities in the Himalus, including the erosion of their cultural heritage and the impact of external influences on their way of life. The author's research and initiatives have shown that it is possible to promote and preserve tribal cultures while also respecting the need for modernization and development.

This study could serve as a model for others working with tribal communities, highlighting the importance of collaborative approaches and community-led initiatives. By recognising the value of tribal knowledge and cultural practices, we can work towards preserving and promoting the rich diversity of human experience.



Background:

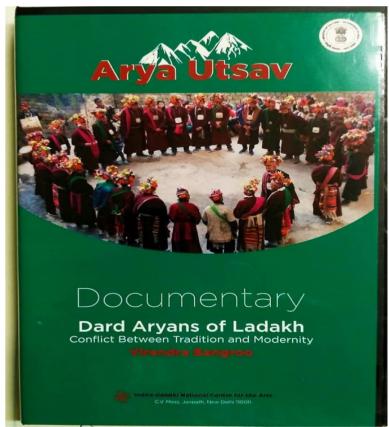
Since ages Himalayas are considered to be an abode of Gods which has sheltered and nurtured many age old civilizations. These civilizations, although, were having their origins somewhere else, but since they could not survive the onslaughts of war & inner community conflicts, they took refuge in remote interiors of Himalayas having harsh climatic conditions. Dard Aryans is one of such civilizations which sank quietly in the Indus Valley for centuries, free from any outside world's influence and thus could retain their archaic customs and traditions. The geographical location & dry cold desertic environment of Ladakh where not even a shrub could survive, Dard Aryans endeavored and with their might, as the saying goes, even rocks began to melt.

Nestled about 180-185 kilometers northwest of Leh, along the banks of the Indus River, lie the villages

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#### **Culturally identified sacred places:**

- **1. Guru Rempoche Phatincha** To ward away the evil spirits, games are played here before cultivation season.
- **2. Duha- Place** where newlyweds offer prayers for their happylong married life. Also to pray for the newly born child's health, wellbeing and long life.
- **3. Thare Water fall-** Waterfall comes out of the stream from Banju Glacier and the same flows into the Indus river. The waterfall is said to come out from the mouth of a celestial golden fish.
- **4. Latoh-Sacred place** on the top of the Daun mountain for sacrificing Goats especially on Losar and Naah Festival times. Only the Labdak family is exclusively entitled to do sacrifice at this sacred spot. Down below this sacred place Latoh on the mountain, there are other such small places identified and designated for each family of Garkhun village, where they make their separate offerings.
- **5. Harn** Another scared spot at the top of the hill. This place is represented by an icon which is considered to be the "Protector of the Village". According to one folk story, it is said that one Amchi came to visit this village and he was astonished to know that this place is untouched from any disease or illness. Upon his query villagers replied that it's all due to the grace of their protector Harn. But being selfish & ill-willed,he desecrated it by chipping some of the area of the sacred icon and from that day onwards, it is believed that disease and illness started to affect the villagers
- **6. Haru Dus** A sacred spot represented by a Stupa which was erected during the 1990 Kargil war to keep enemy (Pakistani) forces at bay.
- **7. Haru Bari**-A swimming pool for training purposes for children of the village. During water scarcity, water from the pool is used.
- **8. Changra** It is a celebration Festival spot where performances of Garkhun dance songs are held.
- **9. Munal** A place on the mountain where there are separate small individual designated spots meant for each respective family head of the village for keeping relics of their departed family members.











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#### **Contd from Page 20**

of Dah, Hanu, Garkhun, and Darchiks. These are the primary settlements of the Dard Aryans—also referred to as Brokpas. Their physical features, rituals, and language—replete with Sanskritic elements—indicate a deep lineage linked to ancient Vedic Aryans. European anthropologists have often shown particular interest in them due to their racial distinctiveness.

The nomenclature 'Aryan' has been given by foreigners on account of their features with North-Indian of the plains, their deities and common traits in their language which constitute majority of Sanskrit words. There isn't any written manual or documentation by these inhabitants but an ocean of folklore which narrates their ordeals and their calendar of festivals. Well, it is an established factthattheyhavemigratedfromneighbouring lands and finally established themselves in Dah village and later on spread and made their dwellings in the nearby villages. The main occupation of this tribe was sheep and goat rearing. Even to this date, the Ladakhis call them 'Bopkas' which means 'shepherds'.

In the tribal communities, we see that their entire history is orally transmitted from generation to generation. Also, the migrations initially by compulsions have been there since times immemorial. As a result of racial interactions, the catastrophic situations mystify their origin. In the case of the Dards living in these areas are confined to a few villages and also their unique lifestyle and features are subjected to all sorts of speculations. There hasn't been any serious scientific study to document and to find out their origin and also affinity with the other neighboring communities/places.

The following are the unique features which make them distinctive in their outlook and character: Both men and women wear exquisite dresses and ornaments. The headdresses are peculiarly adorned with flowers; they abhor rearing of cow and poultry farming; the consuming of beef and chicken is also prohibited; they consume only the milk of goat and sheep; the Dards were used

to rear horses which they use for transporting goods; More than 50% words in their language have got Sanskrit origin; in every house, in the kitchen they worship 'Sabdak', a form of Linga, their first offering of food etc. is offered to the Sabdak every day, the stone Sabdak is triangular in shape and there is a ritual for identifying and selecting it for worship and public passionate kissing is also popular among the tribe.

The Aryan villages of Dah, Hanu, Gorkhun and Darchik are about 160 Km. North-West of Leh. The villages located on the right side of Indus and some on the left side, are mostly Buddhists. The conversion from animist to Buddhism took place only 150 years back. The Dardsmarry within their own community and with the result; they are able to preserve their distinctive character. It is only in the recent past that they have started mingling with neighboring communities of Ladakh. In the village of Dha is an ancient settlement, as was revealed, around 40 families used to live under one roof. The rubble of walls of the households can still be seen in the Dha village. Near this old settlement was also a small fort which was used as a watchtower in ancient days to defend from advancing army/ forces.

The road connectivity from Leh to Kargil is via Khlasi, there is a diversion which links their villages. After the Kargil war the government authorities placed the development work in this region. Some of the areas of Aryan valley are restricted for outsiders, since it borders Pakistan occupied Kashmir (POK) and Indian forces are stationed for keep watch and vigil in this region. One has to get an Inner Line Permit (ILP) from the District Commissioner to visit these villages.

Now there is road connectivity in all the villages of this region and also the public amenities available. In Dah village there are two small guest houses. With the changing paradigms of cultural traits and religious practices resulted in lots of threats which make this community vulnerable. Buddhism is being followed in all the villages except few, which are Muslims. While they practice

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Buddhism, they are distancing themselves from their old age traditions and now mostly dependent on the monks for day-to-day rituals.

The Aryan tribe is facing a transition time. The reasons attributed towards this changing period are increasing connectivity with the outside world, flourishing tourism, availability of satellite TV Media, migrating youth towards urban installations etc., resulting into degeneration of their ancient cultural practices and customs. Therefore, a need was felt to take urgent steps to preserve their heritage.

In 2016, a small initiative was taken up by the author in the Dha Village for the setting up of an Aryan Valley Museum. This initiative was supported by Sh. Landup Dorjee, a local villager. He felt proud of his heritage which relates him to the Aryan class but his apprehensions were that with the growing urbanization and other influences the community is going to lose its heritage in terms of language, customs and traditions.

A lot of tourists do visit this village but there has not been any effort to highlight their culture and their habitat. What has been done over the years is taking cultural troops from this village and performing them in various cultural shows in India and abroad. This, as a matter of fact, has created less awareness and more curiosity about this lively community.

As a stepping stone for promotion and propagation of their rich heritage it was thought to set up a space which would ignite the passion among the villagers to come forward and to take pride in their culture which turned out to be a useful exercise, a milestone for the said 'Aryans'.

So, it was decided to have a small museum, the space for which was offered by Landup Dorjee. The local constituted team wentdoor-to-door to collect old artifacts which include ritualistic, decorative and utilitarian utensils and these were displayed in the room. Hand- written labels were prepared for each item. The traditional kitchen which also houses 'Sabdak', the deity which is worshipped daily, and offered first served food, was also the centre of

attraction.

The Museum was inaugurated on 24th July, 2016 which was attended by the counselor of the area, Sarpanch and Panch of the Aryan villages. Everybody expressed burning desire about preserving their culture and traditions. All the villagers were left spell-bound, seeing their age old heritage being displayed and appreciated. All of them expressed their desire and concern to have such kinds of museums in every Aryan village.

In the inauguration ceremony of the Museum, neighboring villagers were also invited. These natives deliberated various issues related to preserving their ancient eco-cultural heritage of the region. Everybody expressed their deep concern regarding the fast changing lifestyle and fast deteriorating social values.

One of the participants, Sh. Landup Tashi of Gorkhan village expressed his desire to set up a museum, on similar lines, in his village also. He remained in constant touch with the author and also visited him at Delhi IGNCA to plan and materialize the concept of setting up a Museum in his village.

Accordingly, to attain the target of establishing a living museum in Garkhon Village in Ladakhregion, a visit was therefore organized in the month of September, 2017 by the author. During the visit, the entire village was surveyed for locating other culturally important tourist spots also which have the potential to become important cultural halts for future tourists visiting this region, adding on to their income levels. It was assessed that these identified places, if highlighted, would further add on to the tourist attraction for lesser known cultural ladhakhi region in Garkhon village.

(...to be concluded)

Author is Former Regional Director, Indira Gandhi National Centre for the Arts (IGNCA), J&K, Goa and presently Associate Professor at (IGNCA), New Delhi







June 15-30, 2025

# How Global Warming Is Changing J&K's Seasons

· Kashmir's glaciers are melting, Jammu is sweltering: Global warming takes its toll

THE CHANCELLOR DESK Jammu

ammu and Kashmir, once renowned for its temperate climate, serene winters, and cool summers, is now grappling with a rapidly changing weather pattern. This region, which has long been the backdrop of picturesque snow-capped mountains and lush green valleys, is increasingly showing signs of distress as temperatures rise and seasonal changes become erratic. Jammu, traditionally known for its scorching summers, is now experiencing unprecedented heatwaves, with temperatures often crossing the 45°C mark during the peak summer months. Meanwhile, Kashmir, the more temperate part of the region, is facing delayed and diminished snowfall, drastically altering its iconic winters.

This year, Kashmir, traditionally known for its mild summers, has also been swept up in the rising heat. June 2025 marked a significant milestone, with temperatures in Kashmir breaking a 20-year record, making it one of the hottest summers in recent memory. For a region that's typically cherished for its cool, alpine weather, this is a worrying shift. The days when Kashmir could be relied upon as a cool retreat from the sweltering heat of the plains are rapidly fading.

These temperature fluctuations and changes in seasonal patterns can no longer be considered a mere anomaly—they are direct consequences of global warming. The causes of these surging temperatures are manifold, including the overarching impacts of climate change, local environmental changes, and human interventions like deforestation and urbanization. The consequences of these rising temperatures are already being felt across the region, affecting agriculture, water availability, health, and the local economy.

This article delves into the increasing temperatures in Jammu and Kashmir, the reasons behind these changes, and the far-reaching implications of these shifts, both for the environment and the people living in the region.

### Jammu: Soaring Temperatures & Intensified Heatwayes

Jammu, situated in the foothills of the Shivalik Range, has always been known for its scorching summers. The temperatures have soared even high and the mercury has crossed 45°C, making life difficult for locals and putting a strain on agriculture, water resources, and health infrastructure.

The following trends highlight the significant rise in temperatures in Jammu:

• Heatwaves: The frequency of

heatwaves has increased in Jammu, making summers unbearable. Heatwaves are characterised by prolonged periods of excessive heat, which not only affects human health but also escalates the risk of forest fires, further deteriorating the region's natural ecosystem.

• Water Scarcity: The extreme heat has led to higher evaporation rates from rivers, lakes, and reservoirs. As a result, water availability has become an increasingly urgent issue in Jammu, especially in rural areas where reliance on seasonal irrigation for crops is high. In the absence of consistent rainfall, the region faces a looming water crisis.

• Agricultural Strain: The crops traditionally grown in Jammu, such as paddy and maize, are now at risk due to the intense heat. The rise in temperature has altered the growing seasons, making crops more susceptible to heat stress and pests. For farmers, this not only affects yields but also their livelihoods.

While Jammu has always been hot in summer, the increasing heat is pushing



the limits of what was once considered a typical summer, forcing the local population to adapt to harsher living conditions.

### **Kashmir: Winters Delayed and Snowfall** Diminished

On the other hand, Kashmir, the northernmost region of the state, which used to experience long, harsh winters with abundant snowfall, is witnessing a disturbing trend. Winters, once reliable and severe, now arrive later, and the snowfall is significantly reduced in both duration and intensity.

• Delayed Winters: Traditionally, Kashmir's winter season would begin in mid-December, with snow falling consistently from late December through January and even into February. However, in recent years, winter has become delayed, with snowfall often starting as late as January or even February. This delay has shortened the winter season, leaving fewer months for the region to benefit from the fresh snow and its accompanying water supply.

• Decreased Snowfall: The overall amount of snowfall in Kashmir has decreased, leading to a sharp decline in the accumulation of snow on the region's glaciers. Snow was traditionally an important natural reservoir, slowly melting during spring and summer months to feed rivers and streams. However, with reduced snowpack, the spring thaw is less effective in replenishing water sources.

• Rising Winter Temperatures: Along with delayed snowfall, Kashmir is also experiencing warmer winters. The once cold nights and freezing temperatures in Srinagar, Gulmarg, and Pahalgam have been replaced by milder conditions. While the region still experiences winter cold spells, temperatures rarely dip below-5°C, which was once a regular occurrence in the nast

These shifts in winter patterns are not just a change in seasonal characteristics—they have a direct impact on the natural ecosystems, agriculture, and water availability for Kashmir.

### 2. The Root Causes: Global Warming and Local Factors

The temperature surging in Jammu and Kashmir, both in terms of summer heat in Jammu and the altered winter patterns

in Kashmir, can primarily be attributed to global warming and climate change. However, several local environmental factors also contribute to these shifts.

Global Warming and Climate Change

At the global level, human-induced climate change—primarily driven by the burning of fossil fuels, deforestation, and industrial emissions—is causing global temperatures to rise. The increase in greenhouse gases like carbon dioxide (CO2) and methane (CH4) in the atmosphere traps heat, causing global temperatures to climb. These rising temperatures lead to more erratic weather patterns, changes in rainfall, and the shifting of seasonal norms.

The Himalayas, including Jammu and Kashmir, are particularly sensitive to temperature changes, and the impact of warming is more pronounced in these high-altitude regions. The warming of the atmosphere means that the region experiences a rise in temperatures, both in winter and summer, disrupting the delicate balance of its weather patterns.

#### **Local Environmental Changes**

In addition to global warming, local environmental changes in Jammu and Kashmirarealsoexacerbating temperature surges:

• Deforestation: Large-scale deforestation, particularly in Jammu, has disrupted the local climate. Trees and forests act as carbon sinks, absorbing CO2 and helping to regulate the temperature. However, illegal logging and unsustainable agricultural practices have resulted in a significant loss of forest cover in the region, which exacerbates the urban heat island effect, particularly in Jammu city.

• Urbanization: The rapid expansion of towns and cities in Jammu and Kashmir has led to the construction of infrastructure like roads, buildings, and highways, which absorb and retain heat. This urbanization further contributes to the temperature increase in urban centers, making the summer heat even more intense. In Jammu, this urban heat island effect is particularly evident, as the temperature in the city often exceeds that in nearby rural areas by several degrees.

### 3. Consequences of Rising Temperatures and Altered Seasons

For Jammu:

• Health Risks: Prolonged exposure to extreme heat can have severe health consequences. Heat-related illnesses, such as heatstroke, dehydration, and heat exhaustion, have become more common in Jammu. These health issues particularly affect vulnerable populations, including the elderly, children, and those with pre-existing health conditions.

The CHANCELLOR

• Agricultural Decline: The extreme heat in summer has made farming increasingly difficult. Crops that rely on moderate temperatures, like rice, maize, and vegetables, are facing stunted growth, poor yields, or total crop failure. Additionally, water scarcity due to high evaporation and unpredictable rainfall further complicates irrigation practices, jeopardizing food security.

• Water Shortage: Jammu is facing increasing water scarcity as extreme temperatures cause accelerated evaporation rates. With shrinking groundwater levels and less dependable monsoon rains, the region is struggling to meet its water needs, especially for drinking and irrigation.

#### For Kashmir:

• Water Stress: Kashmir, which traditionally relied on the consistent snowmelt from its glaciers and snowpacks for water, is now experiencing a reduction in snow accumulation. As a result, the rivers and streams that depend on this seasonal melt are facing reduced water flow, affecting agriculture, drinking water supply, and hydroelectric power generation.

• Agricultural and Economic Impact: Kashmir's economy, which has long relied on agriculture, especially apple farming and other fruit crops, is under pressure. The delayed snowfall, reduced winter temperatures, and changing growing seasons are affecting crop yields. Additionally, the tourism industry, which depends on winter sports, is being hit hard by the reduced snowfall and shorter winters.

• Ecosystem Disruption: The changing winter conditions are also disrupting Kashmir's unique ecosystems. The flora and fauna, especially high-altitude species adapted to harsh winters, are struggling to survive as their habitats become warmer and less conducive to their survival.

### 4. Mitigation and Adaptation: What Can Be Done?

#### For Jammu:

• Water Conservation and Management: Efforts must be made to conserve water through better management practices like rainwater harvesting, efficient irrigation systems, and promoting water-efficient crops.

• Afforestation: Planting more trees and preserving existing forests can help combat the urban heat island effect and regulate temperatures.

• Health Awareness: Public health campaigns that raise awareness about the risks of heatwaves, along with the provision of cooling centers and emergency health services, are crucial in mitigating the health impacts of rising temperatures. For Kashmir:

• Glacier and Snowpack Conservation: Research into glacier preservation, along with the implementation of sustainable practices, can help protect Kashmir's vital water resources.

• **Diversified Tourism:** Kashmir must diversify its tourism sector to rely less on winter sports and focus more on eco-tourism and summer tourism to attract visitors year-round.

• Climate-Resilient Agriculture: Implementing climate-resilient farming practices, such as drought-resistant crops and water-efficient irrigation, is essential to ensure the region's agricultural stability.







# Dr Javaid Rahi-The Voice Fighting for J&K's Tribal Communities

nthe diverse and culturally rich landscape of Jammu and Kashmir, the voices of tribal communities have often been overshadowed by broader political narratives. Among these communities, the Gujjars and Bakarwals have preserved unique languages, traditions, and ways of life for centuries. Yet, despite constitutional safeguards, they continue to face systemic marginalisation in education, employment, and political representation.

*Dr. Javaid Rahi*, a distinguished scholar, activist, and cultural historian, has dedicated his life to advocating for the rights and recognition of these tribal groups. With over three decades of experience, Dr. Rahi has tirelessly worked to document tribal languages, promote indigenous knowledge, and challenge administrative inertia that hinders the full realization of constitutional protections.

In this in-depth interview with *ANUJA KHUSHU*, the Editor, The Chancellor, Dr. Rahi shares his insights on the challenges faced by tribal communities in the wake of political changes in Jammu and Kashmir, the urgent need for policy reforms, and the transformative power of youth and media in shaping a more inclusive future.

## Dr. Rahi, thank you for joining us. Could you share with our readers a brief overview of your journey so far?

Thank you. My journey began in the early 1990s when I joined the Jammu and Kashmir Cultural Academy as a research assistant. Back then, there was very little institutional focus on tribal languages or culture. I saw the urgent need to preserve the oral traditions, stories, and unwritten histories of the Gujjar and Bakarwal people—communities that have long been marginalised not only in academia but also in policymaking.

Over time, I served in different roles—including Chief Editor of tribal publications—and led several initiatives on tribal documentation, including the creation of dictionaries, folklore anthologies, and educational resources in tribal languages. My work extends into public policy, social awareness, and media-based activism.

# You've been vocal about the constitutional safeguards for Scheduled Tribes. What has been the actual ground-level impact of these provisions in J&K?

The Indian Constitution provides numerous safeguards for Scheduled Tribes (STs) in the form of reservations, land rights, and political representation. However, in Jammu and Kashmir, these were either partially applied or entirely absent until very recently.

For instance, although Gujjars and Bakarwals were recognized as STs in 1991, they did not receive political reservation—meaning no seats were reserved for them in the legislative assembly. It was only after the abrogation of Article 370 in 2019 that national laws such as the Forest Rights Act (FRA), 2006, the SC/ST (Prevention of Atrocities) Act, and political reservations under the Representation of the People Act were extended to J&K. But even now, the implementation is half-hearted.

These laws are not just symbolic. They determine whether people can own the land they live on, whether tribal children can access quality education, and whether our voices are represented in governance.

## What has been your experience with higher education institutions and tribal representation?

It's quite disheartening. Universities in Jammu and Kashmir—whether it's the

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University of Kashmir, Central University of Kashmir, or others—have not lived up to their constitutional duty to ensure equitable representation for tribal communities.

Despite reservations, hardly 2–3% of university faculty members are from ST backgrounds. In fact, in many recruitment drives, even well-qualified tribal candidates are dismissed as "not found suitable." This reveals an entrenched bias in selection committees and a lack of structural accountability. In some institutions, not a single Gujjar or Bakarwal has been appointed as an assistant professor despite numerous applications.

We're not asking for favours—we're demanding our constitutional rights.

### You've often mentioned the importance of language in identity. Could you expand on that?

Absolutely. Language is the soul of a community. It carries our history, our worldview, and our values. Gujjars and Bakarwals speak Gojri, a rich tribal language that has existed for centuries. But until recently, it was completely ignored in educational curricula and official communications.

Throughour work, we've created dictionaries, grammar guides, children's books, and audiovisual archives in Gojri. We've also advocated for Gojri to be introduced in schools as a medium of instruction. Preserving a language is not just about words—it's about preserving a civilization.

### How has social media helped amplify tribal voices, particularly your own work?

Social media has been revolutionary. For years, tribal stories and issues were ignored by mainstream media. So, we turned to platforms like YouTube, where I launched a channel dedicated to tribal awareness. Today, we have over 200,000 subscribers, and our videos are viewed across India and even internationally.

We use this platform to educate people about tribal rights, constitutional provisions, and cultural heritage. Young people from remote areas now send in their own videos, their own poetry, their own stories. It's no longer

a one-way communication—it's a movement.

## In your view, what are the top three priorities for tribal policy reform in Jammu & Kashmir?

That's a vital question. First, full and fair implementation of the Forest Rights Act (FRA)—this will secure land and livelihood for thousands of nomadic families who've lived in forests for generations.

Second, strict enforcement of reservation policies in education and employment. It's not enough to reserve seats on paper—there must be transparency and accountability in recruitment processes.

Third, creation of tribal-specific institutions—language departments, cultural academies, research centers—that promote tribal heritage. And of course, everything must be backed by budgetary support and political will.

### What has been the focus of your research and cultural efforts?

My primary work has been around tribal languages, identity, and traditional knowledge systems. I've compiled tribal dictionaries and led initiatives to safeguard oral histories and folklore. I'm also involved with the Tribal Research Academy and use my platform to promote tribal education.

I also run a YouTube channel to reach wider audiences, especially youth. It has over 200,000 subscribers and serves as a space for tribal voices and cultural documentation.

## How has the revocation of Article 370 affected tribal communities in Jammu and Kashmir?

The revocation of Article 370 opened the door for several national laws including the Forest Rights Act (FRA) and SC/ST Reservation Acts—to be extended to Jammu and Kashmir. However, implementation has been a major bundle.

Despite legal provisions, the systems haven't delivered the expected benefits. Tribal people are still denied access to forest rights, land ownership, and representation in political and academic institutions. Much of this stems from administrative apathy and a mindset that resists change.

### Could you talk about representation in higher education?

Unfortunately, tribal representation in higher education is almost non-existent. In institutions like Kashmir University or Central University of Kashmir, the participation of Gujjars and Bakarwals is less than 3%, despite reservation quotas.

Many eligible candidates are overlooked. Committees often declare them "not suitable," without transparency. This is a violation of constitutional rights and reflects systemic discrimination. We need strong policy enforcement and accountability

### What policy changes are most urgently needed?

First, laws like the Forest Rights Act must be implemented properly, without delay. Second, we need institutional reforms to ensure fair recruitment, especially in education and civil services. Third, tribal departments should be established in every major university to support research in tribal languages and knowledge systems.

Finally, we must address the mindset barrier—both at administrative and societal levels. Change in attitude is as important as change in law.

### What role do youth and media play in this movement?

A critical one. Youth today are more aware and engaged than ever. Through digital media—especially YouTube and social platforms—they'relearning about their history, their rights, and how to advocate for themselves.

Social media has helped us bypass traditional gatekeeping. We are now documenting our stories and preserving our culture digitally. This has created new momentum, especially among the younger generation.

#### Thank you, Dr. Rahi. Any final message?

Thank you. My message is simple: constitutional rights are not charity. They are guarantees. We must continue to raise awareness, build leadership within our communities, and ensure these rights are respected, implemented, and protected.







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